

# A novel cholesterol-lowering PCSK9 variant is associated with low blood glucose level and lower cardiovascular risk in type 2 diabetes

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# Introduction

- Diabetes mellitus is a major problem of public health (WHO, 2016)
- Type 2 Diabetes mellitus (T2DM): >50% of dyslipidemia; atherosclerotic cardiovascular diseases (ACVD)
- Use of cholesterol lowering drug

## Statins

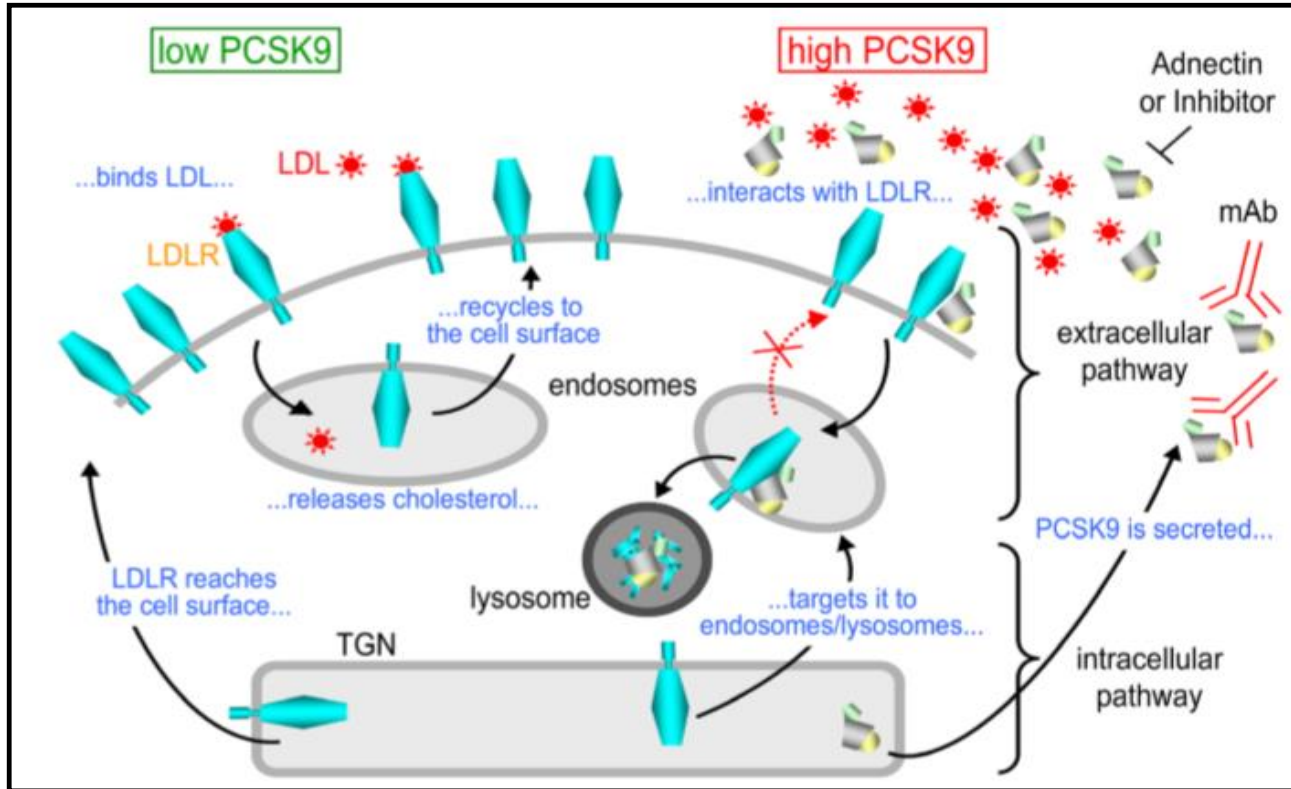
- Resistance
- New onset T2DM



## Proprotein convertase subtilisin-kexin type 9 inhibitors (PSK9i)

mAb authorized by FDA and EMA since 2015

# Introduction



## PCSK9i

- Decrease LDLc level by 50-60%
- Important reduction of ACVD
- **New onset T2DM?**



PCSKi mAb binds to secreted PCSK9 and prevents its association with cell surface LDLR and subsequent lysosomal destruction

# Objective

To assess the association of a PCSK9 variant to T2DM, precisely through

- lipid profile and
- glucose homeostasis parameters.

# Results and Discussion

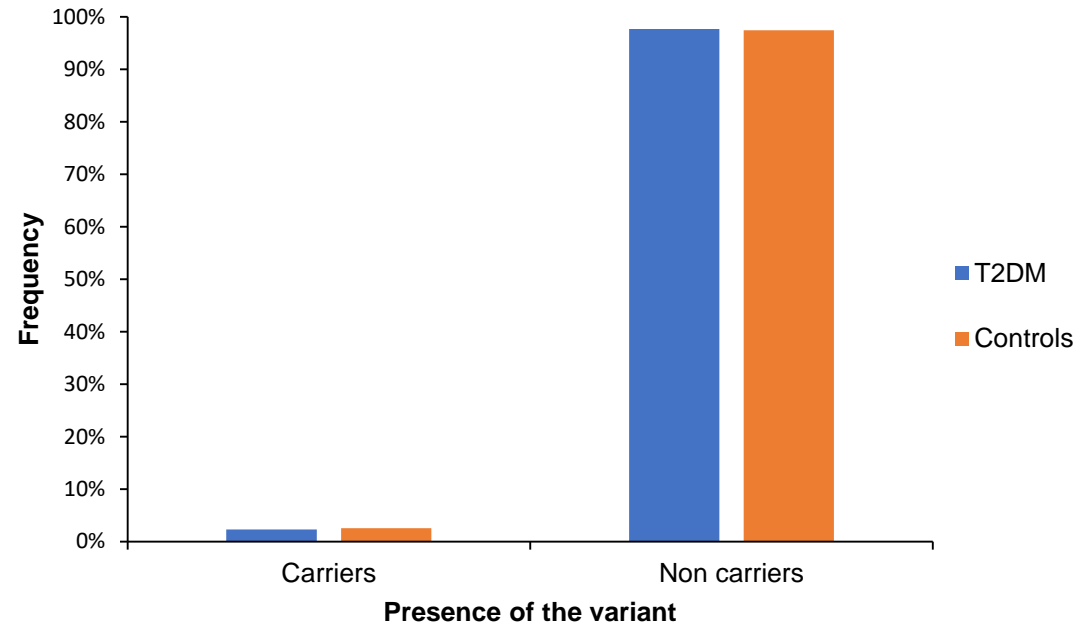
Socio-demographic and anthropometric characteristics of the study subjects ( n=171)

Parameters	T2DM (n=132)	Control (n=39)	P-value
Age (ans)	57±11	46±12	<0.001
Female sex	61%	69%	0.823
WC (cm)	95.00 (88.25-103.00)	94.00 (83.00-107.00)	0.587
BMI (Kg/m <sup>2</sup> )	27.13 (23.18-30.09)	29.03 (22.68-35.57)	0.215
Physical activity	57.58%	89.74%	0.281
Alcohol	10.77%	0%	-
Tobacco	6.87%	0%	-
SBP (mmHg)	130 (120-150)	130 (120-140)	0.137
DBP (mmHg)	80 (70-90)	80 (70-90)	0.725
HTA	58.01%	51.28%	0.643

- 132 T2DM and 39 Ctrl (F>60%)
- 97.73% on metformin+Glibenclamide (22.73%)
- No significant difference between T2DM patients and controls according to gender, anthropometric and clinical characteristics

# Results and Discussion

## Genetic analysis

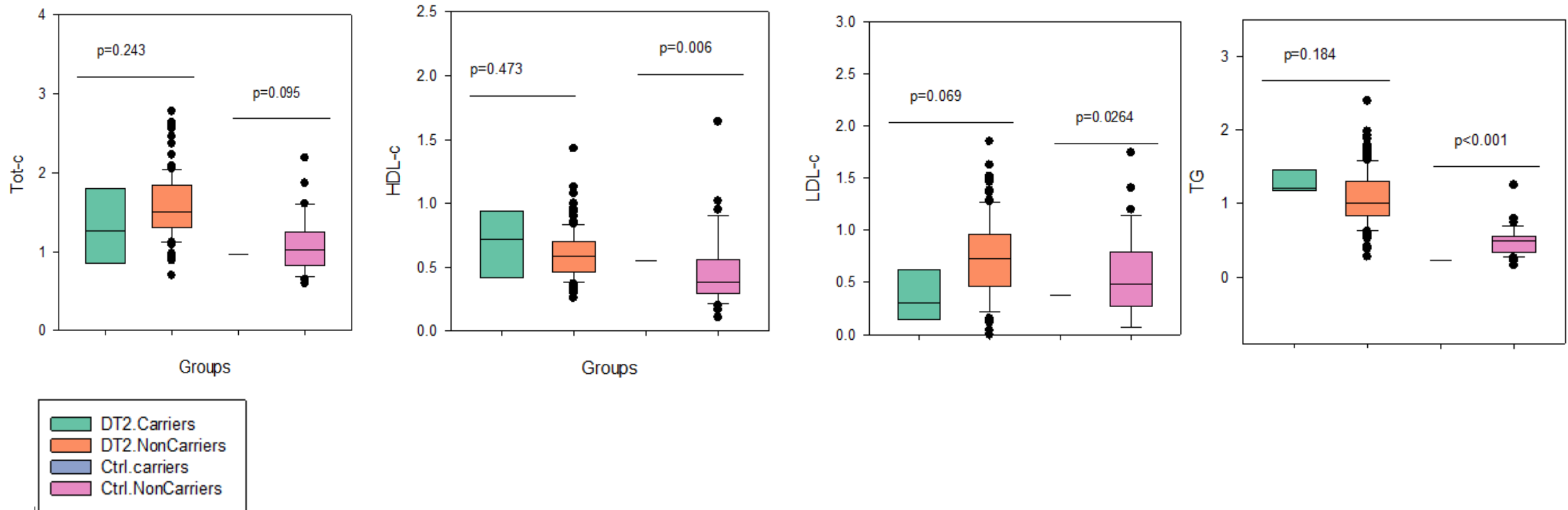


**Figure**: Distribution of the variant according to T2DM status

- The variant was detected in 2.34% (2.27% of T2DM patients and 2.56% of control subjects respectively).
- There was no statistical association of the variant with T2DM ( $p=0.621$ ).

# Results and Discussion

## Lipid profile

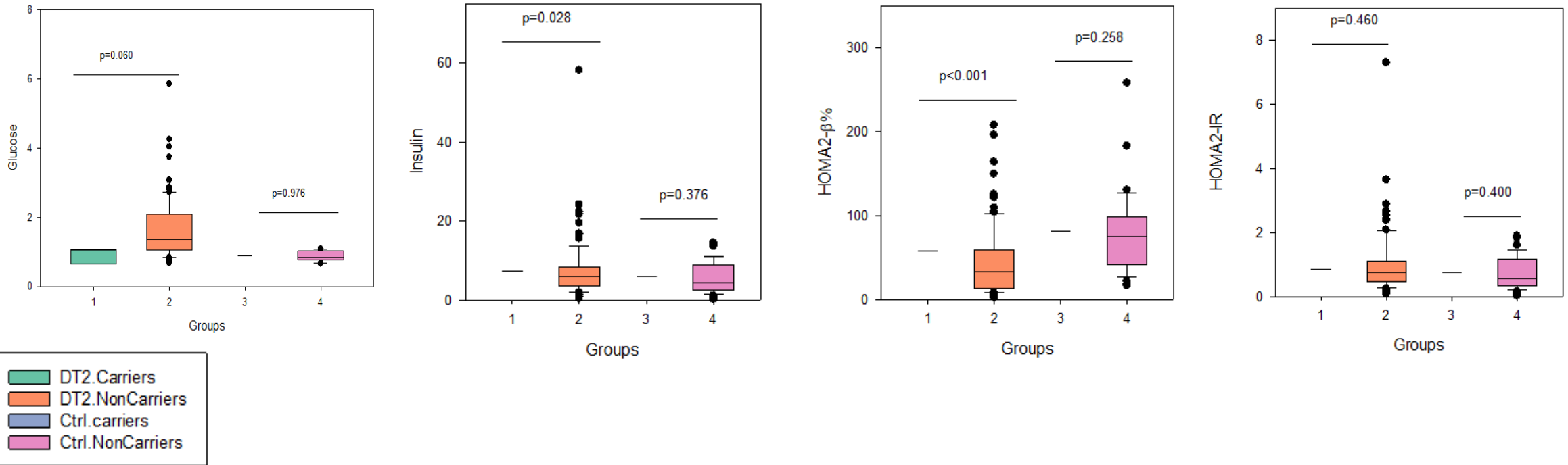


Presence of the variant associated with

- HDL-c ↑ in non diabetic Control ( $p=0.006$ )
- LDL-c ↓ in non diabetic Control ( $p=0.0264$ ) and T2DM patients ( $0.069$ ) (Cohen and *al.*, 2005)
- TG ↓ in non diabetic Control ( $p<0.001$ )

# Results and Discussion

## Glucose homeostasis parameters



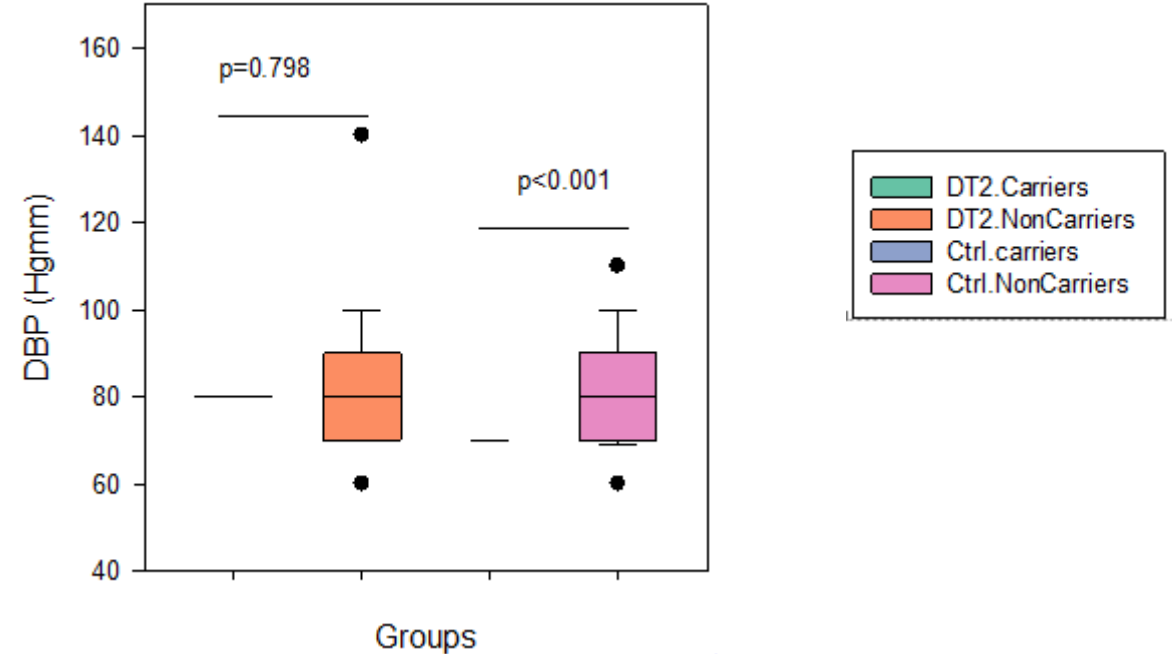
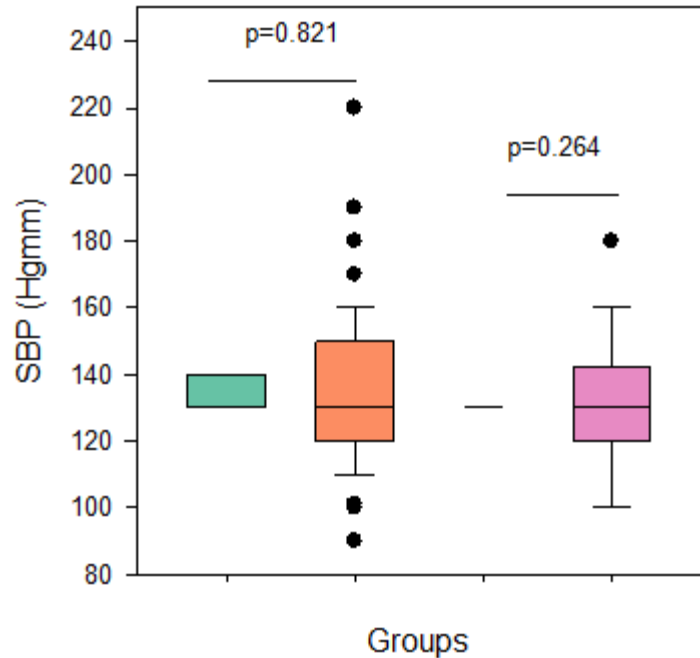
Presence of the variant associated with

- Trend to low Glucose level in T2DM patients ( $p=0.06$ ) (Chikowore et al., 2018 vs Schmidt et al., 2017)
- High insulin level and HOMA2  $\beta\%$  in T2DM ( $p=0.028$ ), not HOMA2-IR (Da Dalt et al, 2019)
- Better response to glibenclamide (Reviewed in Aquilante, 2010)



# Results and Discussion

## Cardiovascular complications



Presence of the variant associated with

- Low %HTA: control (Carriers:0%; non carriers:52.63% ); DT2M (carriers 33.33%; non carriers:58.59% )
- Low DBP in nondiabetic Control ( $p<0.001$ )
- SBP: No significant difference

# Conclusion and Perspectives

- We identified a PCSK9 variant associated with
  - low LDL-cholesterol level
  - a better glucose homeostasis in T2DM patients on insulin secretagogue therapy and
  - a lower cardiovascular risk.
- Next step:
  - assess if the variant has a functional impact (mRNA and protein) and
  - describe its mechanism of action

# Aknowledgement



***THANK YOU FOR YOUR ATTENTION***