

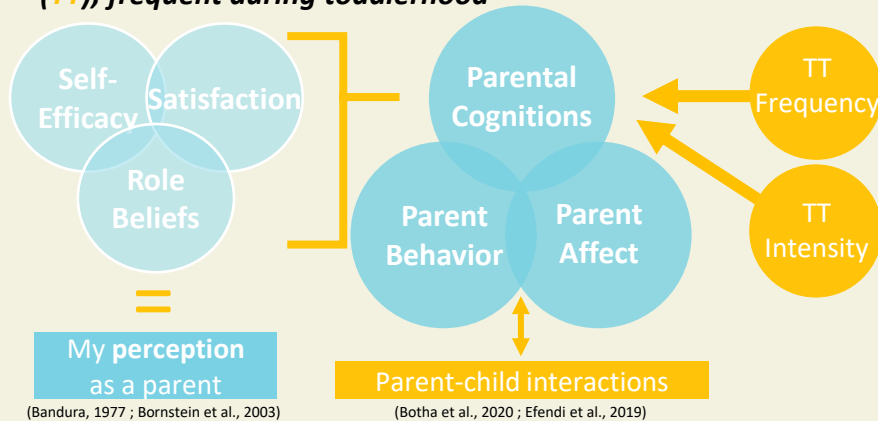
Parental cognitions during toddlerhood : self and partner perception as parent

Anthony Mauroy, Sarah Galdiolo, Justine Gaugue

Department of Child and Youth Clinical Psychology, University of Mons, Belgium

Background

1. **Parental cognitions are dynamic and affected by temper tantrums (TT), frequent during toddlerhood**



2. **Parents perceptions : self-report and/or partner report ?** (Johnston et al., 2018)



Most studies : **mother self-report**



Some studies : **father self-report**



But perceptions differ between :

- mothers and fathers
 - self-assessment and other-assessment
- + Parents perceptions influence each other



Aim + Design

Phase 1

Aim : to determine how parental self-perception, partner perception and TT are linked during toddlerhood

Sample

- ✓ Parents of toddler (20-28 months old)
 - ✓ Living with the child
 - ✓ French speaking
- Large sample to develop a model of parental cognitions and TT during toddlerhood



Measures : questionnaires

Self-report

- Self perceived efficacy, satisfaction, role beliefs
- Quality and quantity of temper tantrums

Partner Report

- Perceived partner efficacy, satisfaction and role beliefs



+ Control variables : child's temperament, parenting stress, depression

Phase 2

Aim : based on the phase 1 model, to design an intervention to promote positive parent-child interactions to help parents to deal with temper tantrums
→ Combining cognitive and behavior measures