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Abstract

Parity-time (PT) symmetry can be achieved in a standard photonic structure formed by coupled waveguides with balanced gain and loss. It is characterized by a mode dispersion changing abruptly from propagating modes (PT-symmetric) to amplified/decaying modes (PT-broken), at a certain value of gain/loss called the exceptional point (EP). [1] We investigate the impact of inserting a material with chirality in the gap between two rectangular coupled PT-symmetric waveguides. At degeneracies between TE- and TM- polarized achiral modes, we observe a variety of avoided crossings dependent on the PT nature of the interacting modes.

Chiral coupled-mode equations

$$\frac{i}{k_{0}}\frac{d}{dz}\begin{pmatrix}TE_{g}\\TE_{l}\\TM_{g}\\TM_{l}\end{pmatrix} = \begin{pmatrix}n_{TE} - i\gamma_{TE} & \mathcal{C}_{TE} & \beta & \alpha\\\mathcal{C}_{TE} & n_{TE} + i\gamma_{TE} & \alpha & \beta\\\beta^{*} & \alpha^{*} & n_{TM} - i\gamma_{TM} & \mathcal{C}_{TM}\\\alpha^{*} & \beta^{*} & \mathcal{C}_{TM} & n_{TM} + i\gamma_{TM}\end{pmatrix}\begin{pmatrix}TE_{g}\\TM_{g}\\TM_{l}\end{pmatrix}$$

$$g_{\text{rgain, }l=\text{loss}}$$
In supermode basis $\underline{\text{for } \gamma = 0}$:
$$\begin{pmatrix}TE_{up}\end{pmatrix} & n_{TE} + A & 0 & \beta + \alpha & 0 \end{pmatrix} & TE_{up}$$



$$\frac{i}{k_0} \frac{d}{dz} \begin{pmatrix} TE_{dn} \\ TM_{up} \\ TM_{dn} \end{pmatrix} = \begin{pmatrix} 0 & n_{TE} - A & 0 & \beta - \alpha \\ \beta^* + \alpha^* & 0 & n_{TM} + A & 0 \\ 0 & \beta^* - \alpha^* & 0 & n_{TM} - A \end{pmatrix} \begin{pmatrix} TE_{dn} \\ TM_{up} \\ TM_{dn} \end{pmatrix}$$
with $C_{TE} = C_{TM} = C$ and $A = \sqrt{C^2 - \gamma^2}$

 \Rightarrow Without PT-symmetry, no up-dn chiral coupling





12nm gap: Crossing between same-parity achiral modes



Chirality creates an anticrossing: Dispersions split and polarizations becomes strongly elliptical, with opposite phases.

32nm gap: Crossing between symmetric *TM* **mode** & *TE* EP



Chirality creates a trimodal anticrossing: Same-parity dispersions

• Modes swap dominant field component \Rightarrow Quasi-*TE* and quasi-*TM* asymptotically • 180° phase variation \Rightarrow \approx ellipticity, \neq handedness, $\Delta \phi = 0$ or 180° in center

Conclusion

Introducing a chiral material in the gap of a pair of PTsymmetric waveguides results in a variety of avoided crossing patterns occurring at achiral degeneracies in the mode dispersion, accessible through modulation of the gap width. Fundamental differences are observed between same-parity and opposite-parity avoided crossings: splitting in the real versus imaginary dispersion, and elliptical vs linear polarizations. The coupled-mode model reproduces these features in much detail, enough to form the basis for quantitative designs and the study of novel geometries. It also shows that gain and loss are fundamental to obtain the local breaking effect.

split and opposite-parity dispersions join. EP is displaced.



space and split in imaginary space. Polarizations are tilted.

All avoided crossings are accurately reproduced by our model

Prospects

- Sensing with trimodal anticrossing bulk-like sensitivity
- Switching between linear and elliptical polarization in PT-broken zone

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[1] L. Feng, R. El-Ganainy, and L. Ge, *Non-hermitian photonics based on parity—time symmetry*, Nature Photonics 11, 752 (2017).

[2] I. Katsantonis, S. Droulias, C. M. Soukoulis, E. N. Economou, T. P. Rakitzis and M. Kafesaki, *Chirality sensing employing Parity-Time-symmetric and other resonant gain-loss optical systems*, Phys. Rev. B, vol. 105 (2022),