



La simulation au cœur de la formation

## TRAINERS' ACTIVITY DURING SIMULATIONS AND USE OF VIDEO DURING DEBRIEFINGS IN FIREFIGHTER TRAINING

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# Firefighter field

- Firefighters = first to arrive at a fire scene
- Head of operations = firefighter with the higher rank

Cadres	Ranks	Certificates	Roles
Senior officers (senior level)	Colonel	/	Management
	Major	OFF3	
Officers (senior level)	Captain	OFF2	Operational
	Lieutenant	OFF1	
Non-commissioned officers (mid-level)	Warrant Officer	M02	
	Sergeant	M01	
Enlisted (base level)	Corporal	B02	
	Firefighter	B01	



# Firefighter training



- Certificates: requirement for accessing some ranks

↳ **sergeant:**

- first head of operations (until the officer's arrival)
- conducts the 1st situation analysis
- draws up a preliminary action plan
- directs the firefighting team

How to prepare operational sergeants to ensure this role?



Simulation-based training

# Firefighter training

**Briefing**

**Simulation**

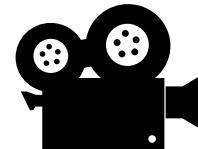
**Hot debriefing**

**Cold debriefing**

Moment to share the challenging elements encountered in simulation

Feedback on the activity carried out in simulation

to support debriefing activities



# Video-assisted debriefing



- Tool supporting trainers' activity
- Allows retrospective analysis
- Highlights specific moments

Use depends on trainers' personal characteristics

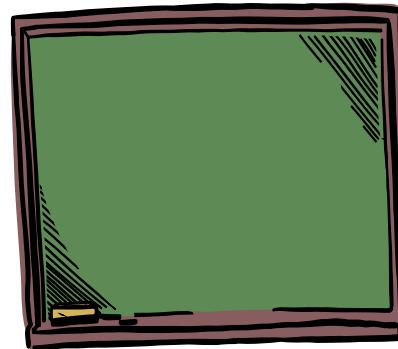


Sawyer et al. (2016); Tochon (1996); Karlgren et al. (2020); Dismukes et al. (2006); Alonso Vilches et al. (2021)

# The trainer paradigm

## ***Expert-trainer***

- Expertise is sufficient to train others
- Prepare the next generation
- Reminds rules and provides corrective feedback



## ***Trainer-facilitator***

- Training expert
- Enables learners to take an active part in the training

And in professional training ?

Who mostly stops the video ?

What elements of the sergeant's activity are discussed during the stops ? Are these elements considered challenging by the candidates ?

What are the functions of the trainer's interventions during debriefing ?

# Method

- 40 candidates divided into 4 groups
- 1 lieutenant-trainer with a 40-hour pedagogical training course

initiated by the candidates  
or the trainer

Examination of 3 dimensions: **origin** of the stops, **elements leading** to a stop,  
**functions of the trainer's interventions** during these stops

classified into 3 categories:  
safety management, order and  
command, tactics

classified into 5 functions: Dubois & Van Daele (2018)

- evaluative
- pedagogical (expository, interrogative and incentive)
- psychological
- social
- structuring

# Results

## Origin of the stops

	G1	G2	G3	G4	Total
Trainer	105 (91.3 %)	82 (87.2 %)	69 (98.6 %)	52 (96.3 %)	308 (92.5 %)
Candidates	10 (8.7 %)	12 (12.8 %)	1 (1.4 %)	2 (3.7 %)	25 (7.5 %)



- review previously stated rules, “once again, no cross-checking”
- ask the trainer for guidance in a particular situation, “should we have dealt with the smoke?”

# Results

## Elements discussed during **cold** and **hot** debriefing

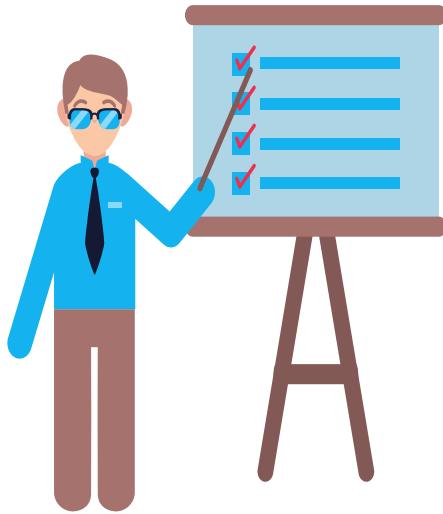
		Aspects of the sergeants' activity discussed during cold debriefing	Challenges
Safety	Safety	15.5 %	4/40 (10 %)
Order and command	Command	16.5 %	24/40 (60 %)
	Communication	13.8 %	5/40 (12.5 %)
Tactics	Decision-making	14.5 %	3/40 (7.5 %)
	Situation awareness	10.5 %	12/40 (30 %)
	Information search	7.3 %	0/40 (0 %)
	Time management	5.8 %	1/40 (2.5 %)
	Equipment management	3.3 %	1/40 (2.5 %)
	Priorization	1.5 %	10/40 (25 %)

# Results

## Functions of the trainer's interventions

		G1	G2	G3	G4	Total
Pedagogical	Expository	58.1 %	64.6 %	77.5 %	75.4 %	68.9 %
	Interrogative	33.3 %	23.2 %	14.1 %	9.4 %	20.0 %
	Incentive	3.2%	3.7 %	1.4 %	5.7 %	3.5 %
Evaluative		1.1%	2.4 %	0.0 %	1.9 %	1.9 %
Psychological		0.0 %	1.2 %	1.4 %	1.9 %	1.9 %
Social		4.3 %	4.9 %	4.2 %	5.7 %	5.7 %
Structuring		0.0 %	0.0 %	1.4 %	0.0 %	0.4 %
Total		100 %	100 %	100 %	100 %	100 %

# Discussion



- Initiates most stops
- Uses sessions to offer feedback
- Focuses on safety aspects rather than taking candidates' expressed difficulties into account



**Expert-trainer**

**But why ?**

# Discussion



- Firefighting = risks
  - sergeants are responsible for their colleagues' life

*"My greatest fear is graduating a sergeant who might be responsible for a colleague's death during an intervention"*

## Trainer:

- Controls debriefing
- Gives solutions to encountered problems
- Reminds rules and procedures to follow



Tool to highlight key points and point out errors

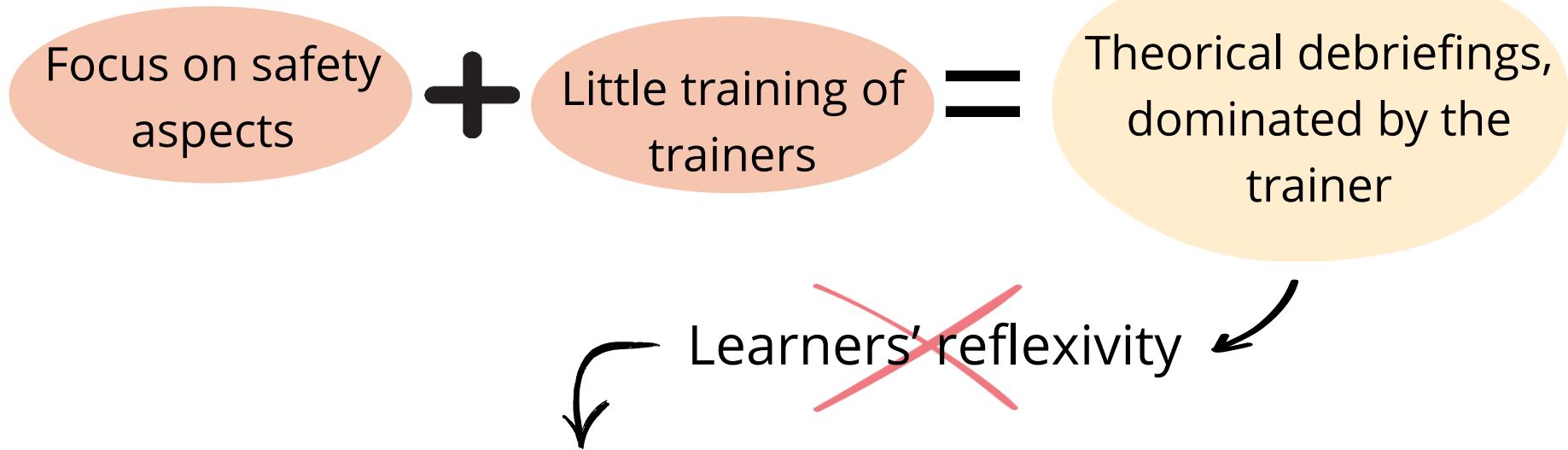
**Firefighting** = dual relationship with risk (risk to oneself and risk inherent in the activity) →  
Applying rules = acting safely

Rogalski (2003)

# Conclusion



Pedagogical effectiveness depends on its use

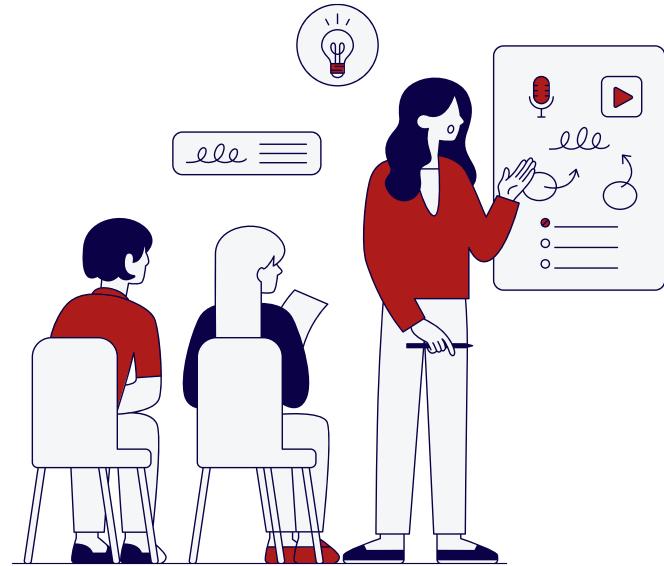


Skill needed to recognize when to apply,  
adapt or innovate rules based on situational  
demands

# Conclusion

Training of trainers

- Lead debriefing
- Use technology in training
- Select proper video clips to analyze
- Confront trainers with their own activity



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