

# Surgical Treatments of Pediatric Bilateral Vocal Fold Paralysis: A Systematic Review

Noémie Nemry, BS<sup>1,2</sup> and Jérôme R. Lechien, MD, PhD, MS, FACS<sup>1,2,3,4</sup> 

## Abstract

**Objective.** To review the current literature about surgical treatments of pediatric bilateral vocal fold paralysis (PBVFP).

**Methods.** A systematic review of the current literature in PubMed, Scopus, and Cochrane Library regarding etiologies and management of PBVFP was performed until November 2023 according to PRISMA statements. Quality assessment was assessed with Methodological Index for Non-Randomized Studies (MINORS) tool.

**Results.** Of the 211 screened articles, 26 were included accounting for 320 patients. The etiologies included idiopathic (42.2%), congenital (19.7%), neurological (16.9%), or post-surgical (9.5%) pediatric bilateral vocal cord paralysis (PBVCP). Patients were decannulated in 76.7% of cases without laryngeal procedure. Decannulation was achieved in 84.6%, 66.6%, 83.3%, 80.0%, and 62.5% of cases of laterofixation of the vocal fold, cricoid split approaches, partial or total arytenoidectomy, uni- or bilateral transverse cordotomy, and selective laryngeal reinnervation, respectively. Dyspnea/stridor relief, swallowing, or voice quality outcomes were used in some studies, which reported conflicting results. Revision and complications varied between studies, with complications mainly involving edema, granuloma, or aspirations. Revision was required in 6.4%, 12.9%, and 40.0% of cases that underwent laterofixation of the vocal fold, arytenoidectomy, and cricoid split procedures, respectively. There was substantial heterogeneity across studies in inclusion criteria, procedures, and outcomes.

**Conclusion.** The management of PBVFP may involve several temporary or permanent surgical procedures that are associated with overall subjective improvements of symptoms, and laryngeal findings. The retrospective design of studies, the small number of cohorts, the lack of objective outcomes, and the differences between teams regarding procedure timing and features limit drawing reliable conclusions about the superiority of one technique over others.

## Keywords

laryngeal, larynx, otolaryngology, head neck surgery, pediatric, child, infant, paresis, palsy, immobility, vocal fold paralysis

Received December 21, 2023; accepted August 6, 2024.

<sup>1</sup>Research Committee of the Young Otolaryngologists of the International Federation of Otorhinolaryngological Societies, Paris, France

<sup>2</sup>Department of Otolaryngology—Head and Neck Surgery, CHU Saint-Pierre, Brussels, Belgium

<sup>3</sup>Department of Otolaryngology, Elsan Hospital, Paris, France

<sup>4</sup>Department of Otolaryngology—Head and Neck Surgery, Foch Hospital, School of Medicine, UFR Simone Veil, Université Versailles Saint-Quentin-en-Yvelines (Paris Saclay University), Paris, France

Jérôme R. Lechien is also affiliated with the Department of Surgery, Faculty of Medicine at UMONS Research Institute for Health Sciences and Technology, University of Mons (UMons) in Mons, Belgium.

### Corresponding Author:

Jerome R. Lechien, MD, PhD, MS, Department of Otolaryngology and Head and Neck Surgery, EpiCURA Hospital, University of Mons (UMons), Place du Parc 20, Mons 7000, Belgium.

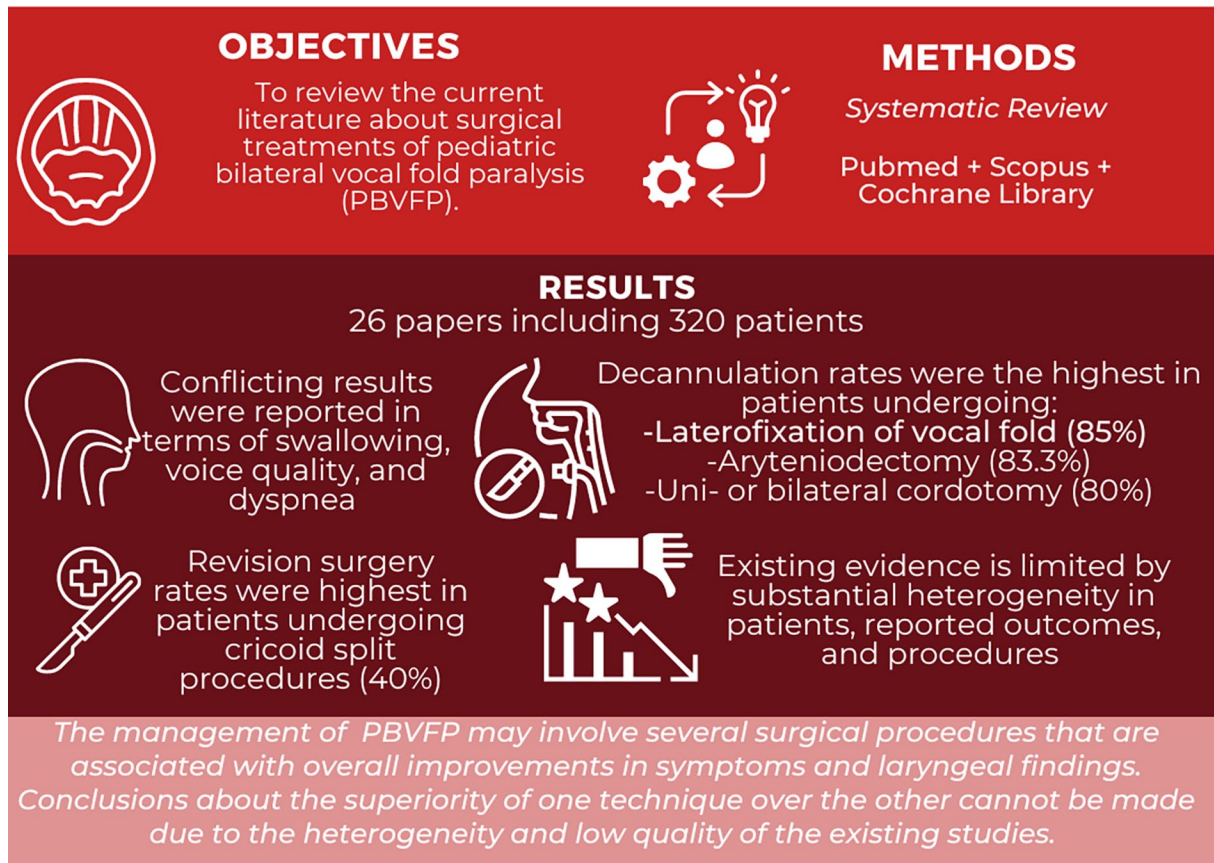
Email: Jerome.Lechien@umons.ac.be



## Graphical Abstract

## SURGICAL TREATMENTS OF PEDIATRIC BILATERAL VOCAL FOLD PARALYSIS: A SYSTEMATIC REVIEW

Nemry N, Lechien, J



CANADIAN SOCIETY OF  
OTOLARYNGOLOGY -  
HEAD & NECK SURGERY

THE OFFICIAL JOURNAL OF THE CANADIAN SOCIETY OF OTO-HNS

**UMONS**  
Université de Mons

### Introduction

Pediatric bilateral vocal fold paralysis (PBVFP) is the second most common congenital laryngeal anomaly in the pediatric population accounting for 15% to 20% of cases.<sup>1</sup> The overall prevalence remains unclear as many cases are not detected early in life.<sup>1</sup> The pediatric bilateral vocal cord paralysis (PBVCP) incidence is estimated to be 0.75 cases per million births per year and represents 30% to 60% of all vocal fold dysfunction in neonates.<sup>2</sup> Most PBVFP cases are idiopathic, while common causes may include congenital malformations, neurological conditions, and iatrogenic surgical injuries.<sup>1</sup> The management of PBVCP is controversial without international expert consensus. Depending on the laryngologist experience, the procedures may substantially vary from one center to another, including laterofixation of the vocal fold, cricoid

split, unilateral or bilateral transverse cordotomy, partial or total arytenoidectomy, laryngeal selective reinnervation surgery, and botulinum toxin A injection.<sup>3</sup>

The aim of this systematic review was to investigate the etiological, medical, and surgical procedure outcomes of PBVCP.

### Material and Methods

The criteria for study inclusion were based on the population, intervention, comparison, outcome, timing, and setting (PICOTS) framework.<sup>4</sup> Two authors (J.R.L. and N.N.) independently reviewed and extracted data according to the PRISMA checklist for systematic reviews.<sup>5</sup>

*Types of studies:* Uncontrolled or controlled prospective or retrospective studies published between 1983 and 2023 were included if they investigated the etiology, and/or the surgical

management of PBVCP. The studies had to be published in English, or French peer-reviewed journals. Authors only considered studies reporting data for  $\geq 2$  children.

**Populations, inclusion/exclusion criteria:** Authors should report inclusion/exclusion criteria, definition of PBVFP, diagnostic approach, medical or surgical management, and therapeutic outcomes. Only studies reporting data of patients under 18 years of age were included. Studies including children or infants with unspecified laryngeal immobility or posterior glottic stenosis were excluded. The investigators needed to support the PBVFP diagnosis through the clinical history of patient (eg, neonate, post-infection, or post-surgical paralysis), laryngeal electromyography (EMG), or laryngeal endoscopic findings. The positions of the vocal folds were defined as median, intermediate, or lateral.<sup>6</sup> Paresis and paralysis were both considered. Paresis was diagnosed if movement was sluggish, while paralysis was diagnosed if no volitional movement was observed.<sup>6</sup>

**Outcomes:** The following outcomes were reviewed: study design, number of patients, gender ratio, mean or median age, etiology, duration of follow-up, tracheotomy prior to treatment, therapeutic approaches, number of procedure(s) per patient, decannulation rate, complications, and surgical outcomes (eg, swallowing, voice, or airway assessments). Importantly, unlike previous reviews,<sup>3</sup> this systematic analysis of the literature will be focused on studies reporting outcomes of only 1 procedure, and not multiple procedures in a single cohort.

**Intervention and comparison:** The following procedures were considered: tracheotomy, unilateral or bilateral laterofixation of the vocal fold, posterior transverse cordotomy, partial and total arytenoidectomy, selective laryngeal reinnervation, botulinum toxin A injection, and laryngeal pacing.<sup>6</sup> Studies including combined surgical approaches (eg, cordotomy with partial arytenoidectomy) or new surgical approach were considered.

**Timing and setting:** There was no criteria for specific stage or timing in the “disease process” of the study population.

### Search Strategy

The literature search was carried out by 2 independent authors (J.R.L. and N.N.) with PubMed, Scopus, and Cochrane Library databases. The databases were screened for abstracts and titles referring to the description of features of pediatric patients diagnosed with bilateral vocal cord paralysis (BVCP). Authors analyzed full texts of the selected papers. Studies were considered if they had database abstracts, available full texts or titles containing the search terms. Results of the search strategy were reviewed for relevance and the reference lists of these articles were examined for additional pertinent studies. Any discrepancies in synthesized data were discussed and resolved by the remaining co-authors. The following keywords were considered: “bilateral,” “vocal fold,” “vocal cord,” “paralysis,” “surgery,” “treatment,” and “outcome.”

### Bias Analysis

The bias analysis was conducted with the Methodological Index for Non-Randomized Studies (MINORS) tool, which

is a validated instrument designed for assessing the quality of non-randomized surgical studies.<sup>7</sup> The MINORS tool includes 12 items dedicated to methodological points of both comparative and non-comparative studies. The items were scored NP if not provided; 0 if absent; 1 when reported but inadequate; and 2 when reported and adequate. The global ideal score was 16 for non-comparative studies and 24 for comparative studies.

### Results

Of the 211 screened articles, 26 studies were included.<sup>8-33</sup> Two studies were prospective uncontrolled (EL: III),<sup>22,24</sup> while 24 were retrospective chart-reviews (EL: IV).<sup>8-21,22,23,25-33</sup> The data of 320 patients were available. The mean or median age of patients was available in 24 studies,<sup>8-18,20-28,29,32,33</sup> and ranged from 1 day to 9 years old. Gender characteristics were available for 254 patients.<sup>8-11,13-16,20-25,27-29,31-33</sup> There were 155 males (61.0%) and 99 females (39.0%), respectively (Table 1). Heterogeneity among included articles in inclusion/exclusion criteria, decannulation, postoperative functional, and surgical outcomes precluded statistically pooling the data into a formal meta-analysis, thereby limiting the analysis to a qualitative rather than quantitative summary of the available information.

### Etiologies

The etiologies were reported in 25 studies accounting for 320 patients.<sup>8-24,26-33</sup> According to the pooled data, the main etiologies of BVFP in pediatric population were idiopathic (42.2%), congenital (19.7%), neurological (16.9%), post-surgical (9.5%), or iatrogenic (5.8%; Table 1). Note that the differences between iatrogenic and post-surgical etiologies were unclear in most papers. Tracheotomy was already carried out in 158/260 cases (60.8%) of PBVCP at the time of inclusion.

### Surgical Procedures

The surgical procedure findings were reported for 307 cases. The following surgical procedures were performed: tracheotomy (N=89),<sup>8,9,16,31,33</sup> external or endoscopic laterofixation of the vocal fold (N=53),<sup>8,13,15,19,22,25,26,28</sup> bilateral selective laryngeal reinnervation (N=29),<sup>8,10,11,30</sup> anterior-posterior cricoid split (N=28),<sup>23,24,29</sup> posterior cricoid split (N=2),<sup>18</sup> external total arytenoidectomy (N=21),<sup>12,32</sup> endoscopic laser total/partial arytenoidectomy (N=16),<sup>12</sup> endoscopic coblation-assisted partial arytenoidectomy (N=33),<sup>27</sup> endoscopic unilateral (N=8)<sup>20,32</sup> or bilateral transverse cordotomy (N=26),<sup>14,17,20</sup> and botulinum toxin A injections (N=6).<sup>21</sup> The laryngeal reinnervation included nerve muscle pedicle reinnervation,<sup>30</sup> or anastomosis between thyrohyoid branch of the hypoglossal nerve and the recurrent laryngeal nerve.<sup>10,11</sup> In the study of Scatolini et al,<sup>33</sup> several procedures (eg, laryngotracheoplasty, posterior cordotomy) were performed in 9 patients who had PBVCP and subglottic stenosis (Figure 1). The therapeutic approaches regarding patient age are reported in Figure 2.



**Table 1.** Etiologies.

Etiology	N (325)	%
Idiopathic	137	42.2
Post-surgery	31	9.5
Unspecified	13	4.0
Thyroidectomy	1	0.3
Tracheoesophageal fistula repair	1	0.3
Cyst surgery complication	1	0.3
Mediastinal lymphoma treatment sequelae	1	0.3
Heart and great pulmonary vessels surgery	5	1.5
Esophageal surgery	7	2.2
Fixation for subglottic stenosis	2	0.6
Iatrogenic	19	5.8
Unspecified	17	5.2
Traumatic intubation	2	0.6
Traumatic	28	8.6
Unspecified	12	3.7
Severe birth anoxia	1	0.3
Perinatal anoxia	8	2.5
Birth trauma	2	0.6
Closed neck injury	1	0.3
CO intoxication	1	0.3
Car accident	1	0.3
Burn	1	0.3
Brain stem hemorrhage	1	0.3
Cancer	1	0.3
Cervical medullary cancer nodes	1	0.3
Infectious	3	0.9
Unspecified	1	0.3
Poliomyelitis	1	0.3
Viral encephalitis	1	0.3
Congenital	64	19.7
Unspecified	54	16.6
Tracheal stenosis	1	0.3
Subglottic stenosis	1	0.3
Duane's syndrome	1	0.3
Hypotrophy	1	0.3
Premature	1	0.3
Neurological	55	16.9

Seven patients had 2 etiologies supporting their paralysis.  
Abbreviation: N, number.

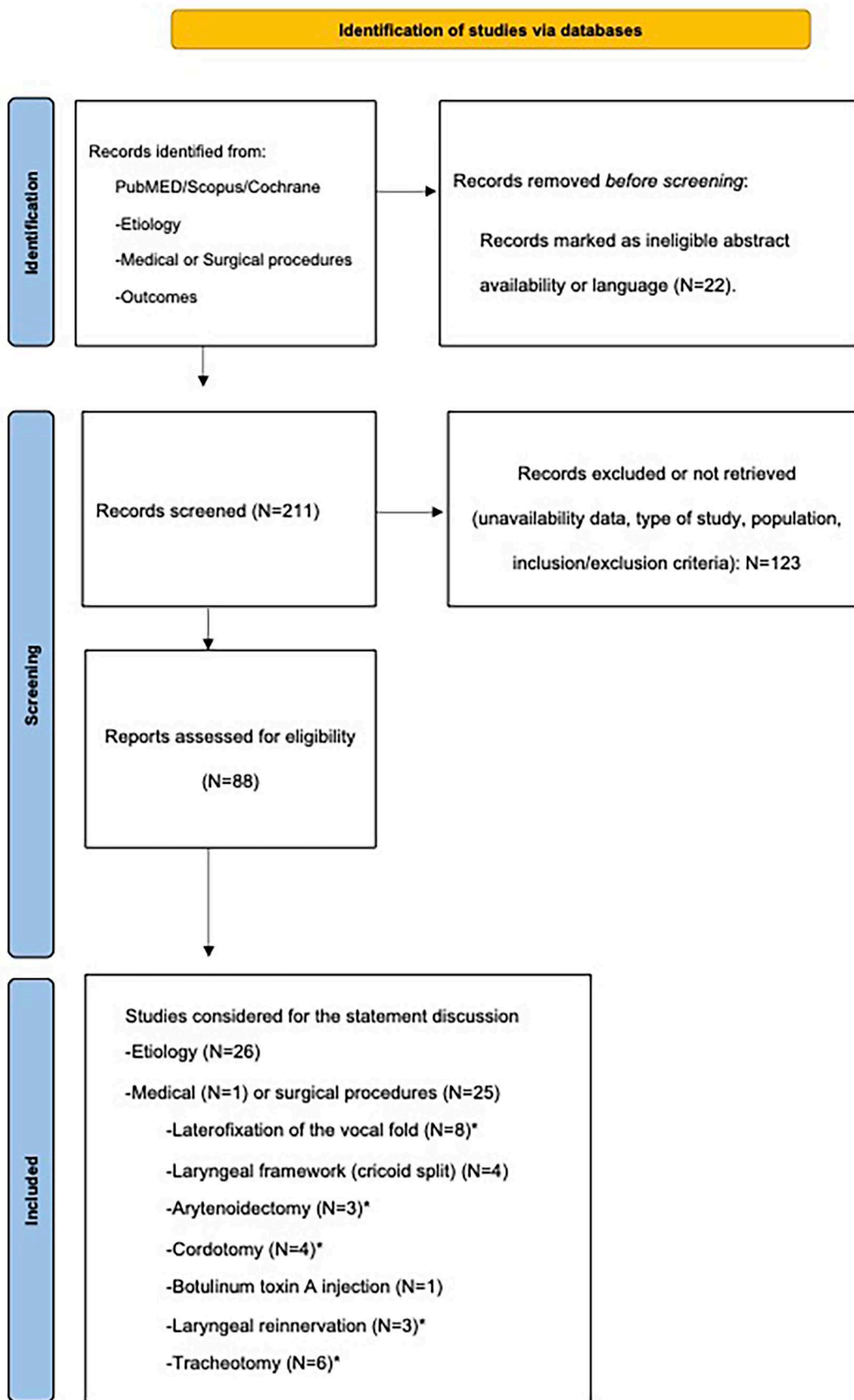
**Decannulation.** The decannulation data were reported in Table 2. Pediatric patients who underwent tracheotomy until vocal fold motion recovery were decannulated in 76.7% of cases (N = 56/73).<sup>8,9,16,26,31,33</sup> Among other studies, the vocal fold motion partly or fully recovered in 54.2% (N = 51/94) of

patients who underwent laryngeal surgical procedures.<sup>20,27,28</sup> Laterofixation of the vocal fold approaches led to a mean decannulation rate of 84.6% (N = 33/39).<sup>8,13,15,19,22,25</sup> Irrespective to the use of costal cartilage, laryngeal framework (cricoid split) procedures were associated with a decannulation rate of 66.6% (N = 14/21).<sup>18,23,24</sup> Patients who underwent external or endoscopic arytenoidectomy were successfully decannulated in 83.3% of cases (N = 25/30).<sup>12</sup> Unilateral and bilateral transverse posterior cordotomies led to decannulation rates of 80% (N = 4/5) and 100% (N = 11/11), respectively.<sup>14,17,20</sup> Bilateral selective laryngeal reinnervation approaches were associated with a decannulation rate of 62.5% (N = 15/24). In the study of Daniel et al,<sup>21</sup> all children treated with injection of toxin A botulinum into the cricothyroid muscle were decannulated. Note that the follow-up substantially varied from one study to another (Table 2).

**Surgical and functional outcomes.** Primary surgical and functional outcomes substantially varied across studies (Table 2). Dyspnea and stridor were considered as the primary outcomes in 9 studies.<sup>19,21,24,25-27,29,30,32</sup> Both dyspnea and stridor were subjectively evaluated by surgeon in all studies. The change of endotracheal tube size was considered as an important outcome in 3 studies where authors commonly reported significant improvements of tube size after laryngopexy.<sup>23,24,29</sup> Vocal cord motion was assessed through various subjective approaches in 3 studies, which reported several degrees of recovery, ranging from 36% to 88%.<sup>10,11,22,26-28</sup>

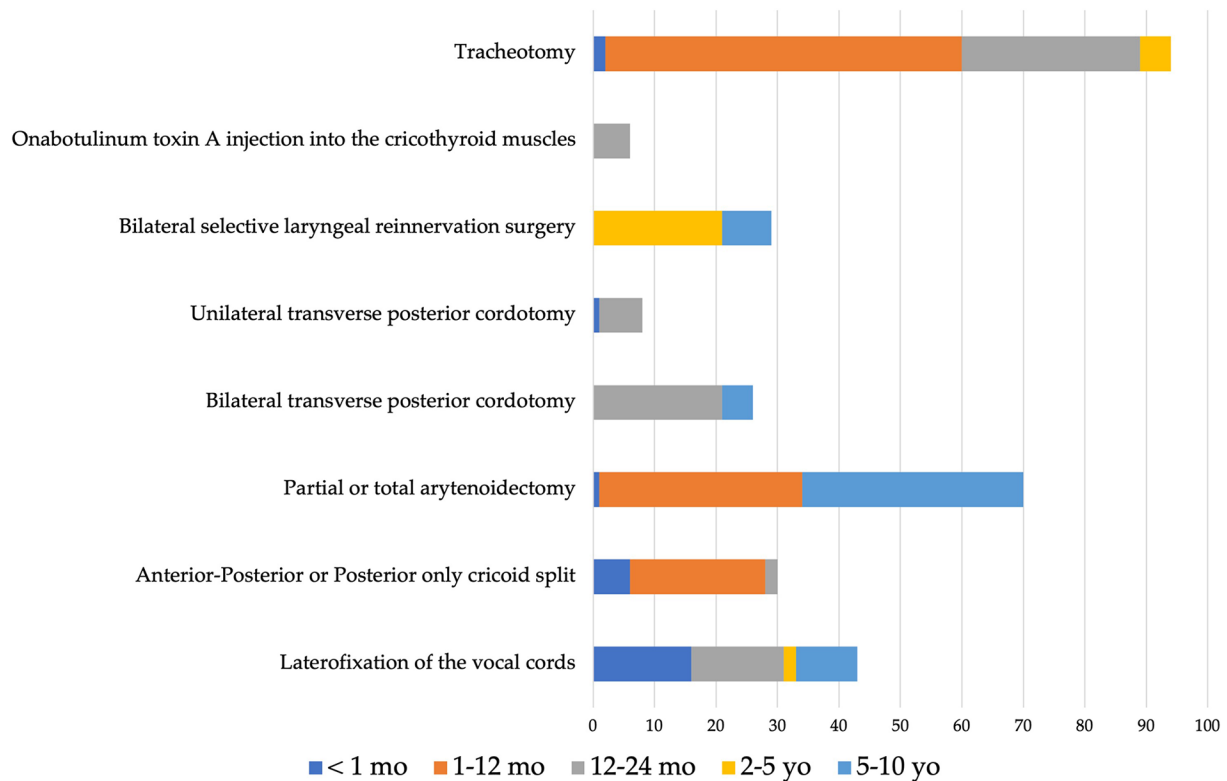
Voice quality was evaluated from pre- to posttreatment in 7 studies.<sup>8,10,11,14,15,17,22,28</sup> Perceptual voice quality (GRBAS) significantly improved after bilateral selective laryngeal reinnervation,<sup>10,11</sup> laterofixation of the vocal fold,<sup>28</sup> or bilateral posterior transverse cordotomy.<sup>14</sup> On the other hand, Lagier et al<sup>17</sup> reported significant worsening of perceptual voice quality evaluations (GRB) after bilateral posterior cordotomy. Perceptual voice quality was subjectively considered as acceptable with other composite scores after laterofixation of the vocal fold,<sup>15</sup> or tracheotomy<sup>8</sup> by authors who did not provide statistical analyses. Acoustic parameters were used to assess the posttreatment voice quality in 2 studies.<sup>22,25</sup> Sztanó et al<sup>25</sup> reported significant improvements of Shimmer and Jitter post-laterofixation of the vocal fold, while harmonic-to-noise ratio worsened. The pre- to post-treatment comparison of acoustic parameters was not provided in the study of Madani et al<sup>22</sup> who only evaluated the postoperative acoustic measurements. Swallowing function was evaluated by Friedman et al<sup>14</sup> who reported similar subjective endoscopic findings from pre- to post-bilateral transverse posterior cordotomy. The postoperative diet became normal in neonates of the study of Speaker et al<sup>28</sup> who performed endoscopic lateralization of the vocal cords. The weight–height findings of children were normalized after lateropexy in 2 studies.<sup>22,25</sup>

**Complications and revision.** A few studies reported complication data.<sup>14,15,18,19,22-27,30</sup> Madani et al<sup>22</sup> reported the occurrence



**Figure 1.** Flow chart.

\*Among the 26 included studies, some authors<sup>8,32</sup> reported data for several procedures.



**Figure 2.** Procedures according to age.  
Abbreviations: mo, months old; yo, years old.

of a neck abscess after endoscopic arytenoid abduction latero-  
pexy in a child (N=1/4), while there were 2 aspirations  
(N=2/10) post-laterofixation of the vocal fold in the study of  
Mathur et al.<sup>15</sup> Aspirations were reported after anterior–posterior  
cricoid split in 6/25 patients.<sup>23,29</sup>

Friedman et al<sup>14</sup> observed postoperative symptomatic gran-  
uloma in 1/5 patient after transverse posterior cordotomy,  
which was similarly found by Tan et al<sup>27</sup> after coblation-  
assisted partial arytenoidectomy in 5/23 patients. Other stud-  
ies did not report complications.<sup>18,19,24,25,26,30-33</sup>

Revisions were required in 6.4% (N=3/47), 12.9%  
(N=9/70), and 40.0% (N=12/30) cases that underwent latero-  
fixation of the vocal fold,<sup>13,15,19,22,25,28</sup> arytenoidectomy,<sup>12,27,32</sup>  
and anterior–posterior cricoid split procedures,<sup>18,23,29</sup> respec-  
tively (Table 2). Uni- or bilateral transverse cordotomy was  
associated with a revision rate of 30.3% (N=10/33),<sup>14,17,20</sup>  
while a revision rate of 9.1% (N=1/11) was found for selective  
laryngeal reinnervation.<sup>10,11,30</sup>

### Bias Analysis

Two authors used the MINORS score for the bias analysis  
(Table 3).<sup>7</sup> The MINORS score ranged from 4 to 13/16. The  
inclusion of patients was not consecutive in most studies,  
leading to a lower MINORS score for retrospective chart-  
reviews compared to prospective studies.<sup>22,24</sup> Only 1 retro-  
spective study reported data that were collected in all children

at similar time-points.<sup>31</sup> The most blatant observation of the  
bias analysis was the low scores for endpoint assessments  
(Table 3). In most studies, authors did not use pre- to post-  
surgical objective assessments, that is, lung evaluations, or  
laryngeal EMG. Only a few authors used laryngeal EMG for  
the diagnosis<sup>10,11,12,20,30</sup> or for the evaluation of the vocal fold  
motion recovery.<sup>10,11,30</sup> Authors subjectively assessed symp-  
tom's relief, vocal fold motion, perceptual, and acoustic voice  
quality measurements in most studies. The use of laryngeal  
EMG is important to confirm the origin of the vocal fold  
immobility according to the risk to include patients with pos-  
terior glottic stenosis, which is a different condition than  
PBVCP. In that way, 2 teams<sup>12,19</sup> included children with a his-  
tory of post-intubation vocal fold immobility, which was clin-  
ically diagnosed as PBVCP. The report of decannulation rates  
in most studies is a strength because authors can compare the  
procedures with a similar outcome. The establishment of reli-  
able conclusion about the effectiveness of some procedures  
was however difficult because some teams included children  
with multiple laryngotracheal abnormalities or children who  
underwent several procedures prior the inclusion. Thus, in the  
study of Scatolini et al,<sup>33</sup> several procedures (eg, laryngotra-  
cheoplasty, posterior cordotomy) have been performed in 9  
patients who had both subglottic stenosis and BVCP. Similar  
observations were found in the Tucker's study,<sup>8</sup> or in the  
study of Lesnik et al<sup>20</sup> who performed several procedures in  
children. The follow-up period substantially varied from one

**Table 2.** Studies.

Type of surgery	Design	N	M/F	Age (A/M)	Tracheot.	Deca.	Timing	Rev	Follow-up	Outcomes	Effective rate
<b>Endoscopic arytenoid abduction lateropexy</b>											
Zhao et al <sup>26</sup>	Retrospective	4	NP	3 d	0/4	0/0	<7 d	NP	8 mo	Dyspnea relief	Pre > post-surgery
Speaker et al <sup>28</sup>	Retrospective	5	4/1	<2 w	NP	NP	<7 d	0/5	7 mo-6 y	Dyspnea (surgeon assessment)	Pre > post-surgery
Sztano et al <sup>25</sup>	Retrospective	3	2/1	<10 d	0/3	0/3	5-19 d	0/3	38-81 mo	Dyspnea (surgeon assessment)	Pre > post-surgery
Madani et al <sup>22</sup>	Retrospective	4	2/2	<10 d	0/4	NP	4-27 d	0/4	11-55 mo	Weight/height percentile	Post-surgery normalization
Lidia et al <sup>19</sup>	Retrospective	10	NP	NP	9/10	9/9	NP	2/10	NP	Dyspnea (surgeon assessment)	Post < pre-surgery
<b>Laterofixation from external approach</b>											
Mathur et al <sup>15</sup>	Retrospective	10	7/3	7.2 yo	10/10	10/10	NP	0/10	6-60 mo	VQ (subjective scale 1-10)	Post < pre-surgery
Triglia et al <sup>13</sup>	Retrospective	15	8/7	20 mo	14/15	14/14	NP	1/15	42 mo	Decannulation	93.3%
Tucker <sup>8</sup>	Retrospective	2	NP	<5 yo	2/2	0/2	NP	NP	NP	Decannulation	0%
<b>Anterior and posterior cricoid split</b>											
Sedaghat et al <sup>24</sup>	Prospective	3	1/2	3 mo	0/2	0/2	NP	1/3	5-11 mo	Stridor (surgeon assessment)	post < pre-surgery
Rutter et al <sup>23</sup>	Retrospective	19	14/5	4.7 mo	19/19	14/19	1,86 mo	10/19	16.6 mo	Decannulation	74%
Windsor and Jacobs <sup>29</sup>	Retrospective	6	4/2	1 d	0/4	0/0	NP	1/6	6-59 mo	Dyspnea (surgeon assessment)	pre > post-surgery
<b>Posterior cricoid split with costal cartilage graft placement</b>											
Thakkar and Gerber <sup>18</sup>	Retrospective	2	NP	12.4 mo	0/2	0/2	20.5 d	0/2	NP	Extubation	100%
<b>External or endoscopic arytenoidectomy</b>											
Bower et al <sup>12</sup>	Retrospective	36	NP	7.3 yo	36/36	25/30	NP	4/36	NP	Decannulation	56%-80%
<b>Endoscopic coblation-assisted partial arytenoidectomy</b>											
Tan et al <sup>27</sup>	Retrospective	33	19/14	4 mo	0/33	0/0	NP	4/33	33 mo	Dyspnea (surgeon assessment)	Pre > post-surgery
<b>Endoscopic uni- or bilateral cordotomy</b>											
Lesnik et al <sup>20</sup>	Retrospective	17	7/10	25 mo	10/17	11/14	22 mo	6/17	6.7 y	Decannulation	78.6%
Lagier et al <sup>17</sup>	Retrospective	11	NP	0-2 yo	4/11	4/4	>23 mo	2/11	27 mo	GRB scale	Post > pre-surgery
Friedman et al <sup>14</sup>	Retrospective	5	2/3	7 yo	3/5	3/3	NP	2/5	6-24 mo	VQ (grade of dysphonia)	Post < pre-surgery
<b>Cordotomy and arytenoidectomy</b>											
Lapena and Berkowitz <sup>22</sup>	Retrospective	3	2/1	1 d	2/3	0/3	NP	1/3	6.3 y	Dyspnea (surgeon assessment)	0%
<b>Bilateral selective laryngeal reinnervation surgery</b>											
Fayoux et al <sup>30</sup>	Retrospective	3	NP	4 yo	0/3	0/0	NP	1/3	7 y	Dyspnea (surgeon assessment)	Pre > post-surgery
Lee et al <sup>11</sup>	Retrospective	8	6/2	9.3 yo	6/8	6/6	NP	0/8	54.7 mo	GRBAS scale	Pre > post-surgery
Tucker <sup>8</sup>	Retrospective	18	NP	<5 yo	18/18	9/18	NP	NP	NP	Vocal fold movements	Pre > post-surgery

(continued)

**Table 2. (continued)**

Type of surgery	Design	N	M/F	Age (A/M)	Tracheot.	Deca.	Timing	Rev	Follow-up	Outcomes	Effective rate
Botulinum toxin A injection (cricothyroid muscles)											
Daniel and Cardona <sup>21</sup>	Retrospective	6	1/5	13.5 mo	6/6	6/6	NP	0/6	3-60 mo	Stridor	Pre > post-surgery
Tracheotomy											
Scatolini et al <sup>33</sup>	Retrospective	47	30/17	1 mo	42/47	-	NP	-	NP	Vocal fold movements	39%
Kothur et al <sup>16</sup>	Retrospective	3	2/1	4.8 yo	3/3	2/3	NP	-	NP	Decannulation	67%
Khodaei et al <sup>31</sup>	Retrospective	2	2/0	3 w	2/2	1/2	NP	-	4 y	Decannulation	50%
Murty et al <sup>10</sup>	Retrospective	11	10/1	11.5 mo	1/11	0/1	NP	-	24 mo	Decannulation	0%
Rosin et al <sup>9</sup>	Retrospective	29	16/13	16 mo	19/29	9/19	NP	-	34 mo	VQ	Post > pre-surgery
Tucker <sup>8</sup>	Retrospective	2	NP	<5 yo	2/2	2/2	NP	-	NP	Decannulation	100%

Age was median or average according to studies.

Abbreviations: A/M, average/mean; M/F, male/female; mo, month; NP, not provided; Tracheot., tracheotomy; Rev, revision rate; VQ, voice quality; yo, year old; d, days; w, weeks.



**Table 3.** Bias Analysis.

Authors	Clearly stated aim	Inclusion of consecutive patients	Prospective data collection	Endpoints appropriate to study	Unbiased endpoint assessment	Follow-up adequate period	<5% lost of follow-up	Study size prospective calculation	Total MINORS score
Zhao et al <sup>26</sup>	2	NP	0	1	1	1	2	0	7
Speaker et al <sup>28</sup>	1	NP	0	1	2	1	2	0	7
Fayoux et al <sup>30</sup>	2	NP	0	2	2	2	2	0	10
Tan et al <sup>27</sup>	1	NP	0	1	1	1	2	0	6
Lee et al <sup>11</sup>	2	NP	0	2	2	2	1	0	9
Sztanó et al <sup>25</sup>	1	NP	0	1	1	2	2	0	7
Scatolini et al <sup>33</sup>	2	NP	0	1	1	1	1	0	6
Sedaghat et al <sup>24</sup>	2	2	2	1	1	1	2	0	11
Rutter et al <sup>23</sup>	2	NP	0	1	1	1	2	0	7
Windsor and Jacobs <sup>29</sup>	2	NP	0	1	1	1	2	0	7
Madani et al <sup>22</sup>	2	2	2	1	2	2	2	0	13
Lesnik et al <sup>20</sup>	1	NP	0	1	1	2	2	0	7
Daniel and Cardona <sup>21</sup>	2	NP	0	1	1	1	1	0	6
Lidia et al <sup>19</sup>	2	NP	0	1	1	NP	2	0	6
Thakkar and Gerber <sup>18</sup>	1	NP	0	1	1	1	2	0	6
Lagier et al <sup>17</sup>	1	NP	0	1	1	1	2	0	6
Kothur et al <sup>16</sup>	1	NP	0	1	1	NP	2	0	5
Khodaei et al <sup>31</sup>	2	NP	1	1	1	NP	2	0	7
Mathur et al <sup>15</sup>	2	NP	0	1	1	2	2	0	8
Friedman et al <sup>14</sup>	2	NP	0	1	1	2	2	0	8
Lapeña and Berkowitz <sup>32</sup>	1	NP	0	1	1	1	2	0	6
Triglia et al <sup>13</sup>	2	2	0	1	1	2	2	0	10
Bower et al <sup>12</sup>	1	NP	0	1	1	1	2	0	6
Murty et al <sup>10</sup>	2	NP	0	1	1	1	2	0	7
Rosin et al <sup>9</sup>	2	NP	0	1	1	NP	2	0	6
Tucker <sup>8</sup>	2	NP	0	1	1	NP	NP	0	4

According to MINORS, the items were scored NP if not provided; 0 if absent; 1 when reported but inadequate; and 2 when reported and adequate. The global ideal score was 16 for non-comparative studies and 24 for comparative studies.<sup>7</sup>

Abbreviation: MINORS, Methodological Index for Non-Randomized Studies.

study to another (Table 2). Only 8 studies reported adequate data of follow-up,<sup>10,11,13-15,20,22,25,30</sup> which is important to evaluate the long-term effectiveness of surgical procedures.

## Discussion

To date, there is no international consensus about the management of PBVCP, which is probably due to the rarity of the condition and the myriad of procedures performed in small cohort studies. The findings of this systematic review support important heterogeneity across studies for inclusion/exclusion criteria, indication of tracheotomy, types and timing of procedures, and posttreatment outcomes. Note that the present review focused on surgical procedures of PBVCP and significantly differs from other reviews focusing on etiology and management in children,<sup>2</sup> or adults.<sup>6</sup>

The diagnosis of PBVCP is still controversial. To date, laryngeal EMG is the gold standard to confirm the PBVCP diagnosis.<sup>34</sup> However, the findings of the present study supported that laryngeal EMG was used in a few studies,<sup>10,11,12,20,30</sup> while most authors included children with a clinical diagnosis. The confirmation of the PBVCP diagnosis through EMG is important to exclude posterior glottic stenosis, which may be clinically similar to PBVCP, while reporting therapeutic differences.<sup>34,35</sup> In that way, the inclusion of children with PBVCP after intubation trauma in some studies where authors did not objectively support the PBVCP diagnosis may be a confusing factor.<sup>12,19</sup>

Our review reported that PBVCP was idiopathic, congenital, or neurological in more than three-fourths of cases. The etiologies of PBVCP differ from those of adult patients, which include post-surgical (76.6%), idiopathic (6.9%), and

post-trauma etiologies (3.0%).<sup>6</sup> The differences in etiologies between pediatric and adult populations may support the differences found in recovery rates. In the present study, 76.7% of children with tracheotomy achieved partial or total recovery, while the recovery rate is substantially lower in adults who have more commonly post-surgical BVCP (trauma of the laryngeal recurrent nerves).<sup>6</sup>

Regarding temporary surgical procedures, studies cited in Table 2 supported that laterofixation of the vocal fold is an effective approach achieving an 84.6% rate of decannulation, which corroborates findings found in the adult literature.<sup>6</sup> Laterofixation of the vocal fold is an alternative and cost-effective approach to tracheotomy,<sup>36</sup> but this procedure needs to be indicated in children who have a possibility of vocal cord motion recovery. Therefore, consideration of the etiology of PBVCP is important. Though vocal fold lateralization procedure is reported to be temporary and reversible, long-term voice outcomes have not been reported. The procedure has the potential to cause scarring of the membranous vocal fold and reduce cricoarytenoid mobility, depending on the length of time the suture is present.

Concerning definitive surgical approaches, it is not straightforward to establish the superiority of one technique over others for many reasons. First, most studies are retrospective case-series including a small number of patients. Second, inclusion criteria and timing for procedures substantially varied from one study to another. Various procedures were indicated by authors in children with BVCP and other conditions (eg, subglottic stenosis),<sup>33</sup> while in other cohorts, authors performed only 1 procedure irrespective to the degree of severity of BVCP. Moreover, because there is no consensus on terminology of BVCP surgeries, some procedures, which can appear similar, may substantially vary across studies. For example, there are significant differences between studies of vocal process directed surgery and the anterior and posterior cricoid split procedures.<sup>18,23,24,29</sup> In the same way, the partial arytenoidectomy may concern a varying anterior-to-posterior portion of the vocal process; some authors removing only the anterior and medial part, while others remove anterior and posterior parts.<sup>6</sup> About the timing, a few authors used laryngeal EMG prior to surgery,<sup>10,11,20,30</sup> while others rapidly proposed permanent surgery after the discovery of the BVCP without waiting potential recovery of vocal fold motion.<sup>18,22,23,25,26,28</sup> However, in some cases, the procedure can be justified, for example, to avoid a tracheotomy in neonates. Third, most authors used subjective surgical outcomes, including the physician assessment of stridor or dyspnea, laryngoscopic findings, or perceptual voice quality evaluations. The lack of use of objective approaches, such as pediatric lung volume and function evaluations, is an important limitation. The decannulation should appear as a reliable surgical outcome. However, the decannulation rate substantially varied from one study to another, which may be due to the heterogeneity across studies in procedure timing, and consequently, vocal cord motion recovery rates. Revision rate and complications are additional useful outcomes to compare surgical procedures. However, revision

and complication data were not reported in some studies,<sup>8,26</sup> which challenges the comparison of surgical approaches.

## Conclusion

The management of pediatric BVCP may involve several temporary or permanent surgical procedures that are associated with overall subjective improvements of symptoms, and laryngeal findings. However, the retrospective design, the small number of patients in studies, the lack of objective outcomes, and the differences between teams regarding the procedure timing and features limit the ability to draw reliable conclusion about the superiority of one technique over others. The establishment of international consensus guidelines considering indications of temporary and permanent surgical procedures according to the etiology and age of patient are needed.

## Author Contributions

**Noemie Nemry and Jerome R. Lechien:** Design, acquisition of data, data analysis & interpretation, drafting, final approval, and accountability for the work; final approval of the version to be published; agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

## Availability of Data and Materials

Data are available on request.

## Consent for Publication

No consent was required.

## Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

## Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

## Ethics Approval and Consent to Participate

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. IRB was not required for a systematic review.

## ORCID iD

Jérôme R. Lechien  <https://orcid.org/0000-0002-0845-0845>

## References

1. Salik I, Winters R. Bilateral vocal cord paralysis. In *StatPearls*. StatPearls Publishing, 2023.
2. Lechien JR. Management of Pediatric bilateral vocal fold paralysis: a state-of-the-art review of etiologies, diagnosis, and treatments. *Children (Basel)*. 2024;11:398. doi:10.3390/children11040398

3. Thorpe RK, Kanotra SP. Surgical Management of bilateral vocal fold paralysis in children: a systematic review and meta-analysis. *Otolaryngol Head Neck Surg.* 2021;164(2):255-263. doi:10.1177/0194599820944892
4. Thompson M, Tiwari A, Fu R, Moe E, Buckley DI. *A Framework to Facilitate the Use of Systematic Reviews and Meta-Analyses in the Design of Primary Research Studies.* Agency for Healthcare Research and Quality; 2012.
5. McInnes MDF, Moher D, Thombs BD, et al. Preferred reporting items for a systematic review and meta-analysis of diagnostic test accuracy studies: the PRISMA-DTA statement. *JAMA.* 2018;319(4):388-396.
6. Lechien JR, Hans S, Mau T. Management of bilateral vocal fold paralysis: a systematic review. *Otolaryngol Head Neck Surg.* 2024;170:724-735.
7. Slim K, Nini E, Forestier D, Kwiatkowski F, Panis Y, Chipponi J. Methodological index for non-randomized studies (minors): development and validation of a new instrument. *ANZ J Surg.* 2003;73(9):712-716. doi:10.1046/j.1445-2197.2003.02748.x
8. Tucker HM. Vocal cord paralysis in small children: principles in management. *Ann Otol Rhinol Laryngol.* 1986;95(6 Pt 1):618-621. doi:10.1177/000348948609500615
9. Rosin DF, Handler SD, Potsic WP, Wetmore RF, Tom LW. Vocal cord paralysis in children. *Laryngoscope.* 1990;100(11):1174-1179. doi:10.1288/00005537-199011000-00008
10. Murty GE, Shinkwin C, Gibbin KP. Bilateral vocal fold paralysis in infants: tracheostomy or not? *J Laryngol Otol.* 1994;108(4):329-331. doi:10.1017/s0022215100126672
11. Lee JW, Bon-Mardion N, Smith ME, Marie JP. Bilateral selective laryngeal reinnervation for bilateral vocal fold paralysis in children. *JAMA Otolaryngol Head Neck Surg.* 2020;146(5):401-407. doi:10.1001/jamaoto.2019.4863
12. Bower CM, Choi SS, Cotton RT. Arytenoidectomy in children. *Ann Otol Rhinol Laryngol.* 1994;103(4 Pt 1):271-278. doi:10.1177/000348949410300403
13. Triglia JM, Belus JF, Nicollas R. Arytenoidopexy for bilateral vocal fold paralysis in young children. *J Laryngol Otol.* 1996;110(11):1027-1030. doi:10.1017/s0022215100135674
14. Friedman EM, de Jong AL, Sulek M. Pediatric bilateral vocal fold immobility: the role of carbon dioxide laser posterior transverse partial cordectomy. *Ann Otol Rhinol Laryngol.* 2001;110(8):723-728. doi:10.1177/000348940111000805
15. Mathur NN, Kumar S, Bothra R. Simple method of vocal cord lateralization in bilateral abductor cord paralysis in paediatric patients. *Int J Pediatr Otorhinolaryngol.* 2004;68(1):15-20. doi:10.1016/j.ijporl.2003.08.050
16. Kothur K, Singh M, Dayal D, Gupta AK. Bilateral idiopathic vocal cord palsy. *Pediatr Emerg Care.* 2007;23(3):171-172. doi:10.1097/PEC.0b013e3180328c5d
17. Lagier A, Nicollas R, Sanjuan M, Benoit L, Triglia JM. Laser cordotomy for the treatment of bilateral vocal cord paralysis in infants. *Int J Pediatr Otorhinolaryngol.* 2009;73(1):9-13. doi:10.1016/j.ijporl.2008.09.009
18. Thakkar K, Gerber ME. Endoscopic posterior costal cartilage graft placement for acute management of pediatric bilateral vocal fold paralysis without tracheostomy. *Int J Pediatr Otorhinolaryngol.* 2008;72(10):1555-1558. doi:10.1016/j.ijporl.2008.06.015
19. Lidia ZG, Magdalena F, Mieczyslaw C. Endoscopic laterofixation in bilateral vocal cords paralysis in children. *Int J Pediatr Otorhinolaryngol.* 2010;74(6):601-603. doi:10.1016/j.ijporl.2010.02.025
20. Lesnik M, Thierry B, Blanchard M, et al. Idiopathic bilateral vocal cord paralysis in infants: case series and literature review. *Laryngoscope.* 2015;125(7):1724-1728. doi:10.1002/lary.25076
21. Daniel SJ, Cardona I. Cricothyroid onabotulinum toxin A injection to avert tracheostomy in bilateral vocal fold paralysis. *JAMA Otolaryngol Head Neck Surg.* 2014;140(9):867-869. doi:10.1001/jamaoto.2014.1515
22. Madani S, Bach Á, Matievics V, et al. A new solution for neonatal bilateral vocal cord paralysis: endoscopic arytenoid abduction lateropexy. *Laryngoscope.* 2017;127(7):1608-1614. doi:10.1002/lary.26366
23. Rutter MJ, Hart CK, Alarcon A, et al. Endoscopic anterior-posterior cricoid split for pediatric bilateral vocal fold paralysis. *Laryngoscope.* 2018;128(1):257-263. doi:10.1002/lary.26547
24. Sedaghat S, Tapia M, Fredes F, Rojas P. Endoscopic management of bilateral vocal fold paralysis in newborns and infants. *Int J Pediatr Otorhinolaryngol.* 2017;97:13-17. doi:10.1016/j.ijporl.2017.03.021
25. Sztanó B, Bach Á, Matievics V, et al. Endoscopic arytenoid abduction lateropexy for the treatment of neonatal bilateral vocal cord paralysis—long-term results. *Int J Pediatr Otorhinolaryngol.* 2019;119:147-150. doi:10.1016/j.ijporl.2019.01.032
26. Zhao X, Yan S, Yang H, Li L, Pan H. Endoscopic percutaneous suture lateralization with syringe needles for neonatal bilateral vocal cord paralysis. *Am J Otolaryngol.* 2022;43(3):103380. doi:10.1016/j.amjoto.2022.103380
27. Tan L, Chen C, Li Q. Endoscopic coblation-assisted and partial arytenoidectomy for infants with idiopathic bilateral vocal cord paralysis. *Medicine (Baltimore).* 2022;101(4):e28593. doi:10.1097/MD.00000000000028593
28. Speaker RB, Woods-Geyer L, Mehanna R, Russell J. Suture lateralization in congenital bilateral vocal cord immobility in neonates and infants: a hybrid approach. *Int J Pediatr Otorhinolaryngol.* 2022;158:111159. doi:10.1016/j.ijporl.2022.111159
29. Windsor AM, Jacobs I. Endoscopic anterior-posterior cricoid split to avoid tracheostomy in infants with bilateral vocal fold paralysis. *Int J Pediatr Otorhinolaryngol.* 2020;138:110325. doi:10.1016/j.ijporl.2020.110325
30. Fayoux P, Maltezeanu A, Broucqsaault H, Daniel SJ. Experience with laryngeal reinnervation using nerve-muscle pedicle in pediatric patients. *Int J Pediatr Otorhinolaryngol.* 2020;138:110254. doi:10.1016/j.ijporl.2020.110254
31. Khodaei I, Howarth K, Karkanevatos A, Clarke R, Fryer A. Hereditary vocal cord palsy. *Int J Pediatr Otorhinolaryngol.* 2003;67(4):427-428. doi:10.1016/S0165-5876(02)00398-1
32. Lapeña JF, Berkowitz RG. Neuromuscular disorders presenting as congenital bilateral vocal cord paralysis. *Ann Otol Rhinol Laryngol.* 2001;110(10):952-955. doi:10.1177/000348940111001011
33. Scatolini ML, Rodriguez HA, Pérez CG, et al. Paediatric bilateral vocal cord paralysis: our experience. *Acta Otorrinolaringol Esp.* 2018;69(5):297-303. doi:10.1016/j.otoeng.2017.10.007
34. Aragón-Ramos P, García-López I, Santiago S, Martínez A, Gavilán J. Laryngeal electromyography, a useful tool in difficult cases of pediatric laryngeal mobility disorders. *Int J Pediatr Otorhinolaryngol.* 2022;161:111264. doi:10.1016/j.ijporl.2022.111264
35. Kou YF, Redmann A, Tabangin ME, et al. Airway and swallowing outcomes following laryngotracheoplasty with posterior grafting in children. *Laryngoscope.* 2021;131(12):2798-2804. doi:10.1002/lary.29608
36. Naunheim MR, Song PC, Franco RA, Alkire BC, Shrimme MG. Surgical management of bilateral vocal fold paralysis: a cost-effectiveness comparison of two treatments. *Laryngoscope.* 2017;127(3):691-697.