



Empathic Accuracy Across Childhood, Adolescence, and Within Parent-Child Interactions: A Systematic Review

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Paper available on Personal Relationships



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EMPATHIC ACCURACY

- Accuracy of understanding thoughts/feelings
- Product of cognitive empathy
- Contributes to build and maintain relationships
- In close relationships, around 20-25%



EMPATHIC ACCURACY



EMPATHIC ACCURACY



Development of empathy with age



Does EA vary with age ?



Immediate social environment :
parent-child interactions



Specific characteristics
associated with EA in children ?

Procedure



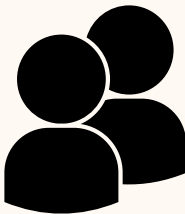
Systematic review
5 databases



- ProQuest (PsycInfo & PsycArticles)
- PubMed
- Scopus
- Science Direct
- Wiley Online Library



Narrative synthesis



2 raters (1st phase : 94% agreement, 2nd phase : 88% agreemeent)

Procedure

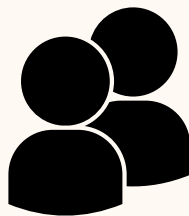


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Narrative synthesis



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Sample



1389 references

—————○ 24 articles

Studies characteristics

DESIGN

- Mostly **cross-sectional** (87.5%)
- One longitudinal study

SAMPLE



- Youth : 5.5 to 25 years
- Mostly **adolescent** (92%)



- Nine studies (37.5%)

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EMPATHiC ACCURACY

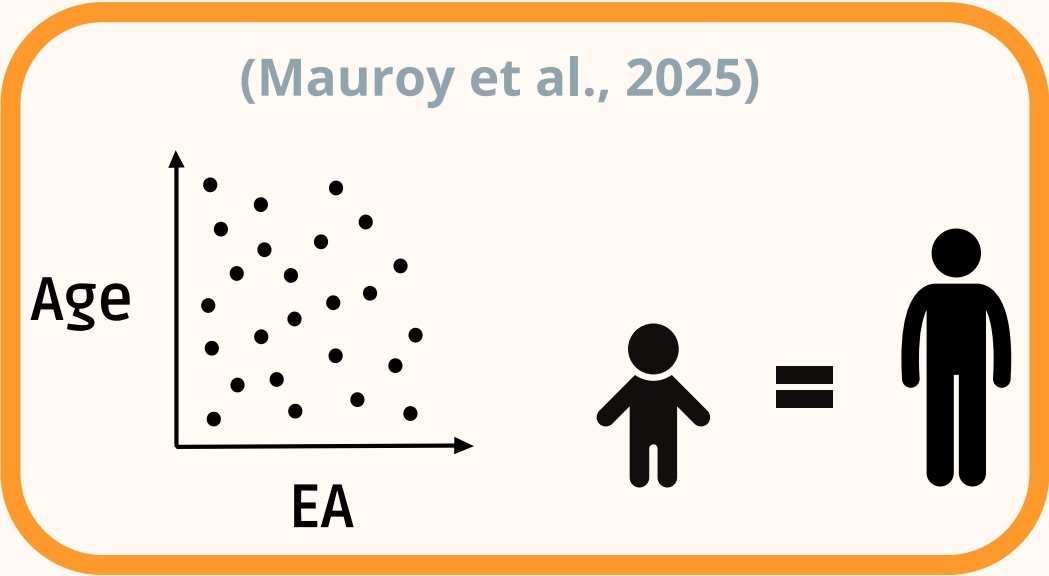
Paradigm

- SSP (58%)
- DIP (37.5%)
- Daily Diary (4.5%)

Inferences about

- Thoughts and emotions (50%)
- Emotions only (50%)





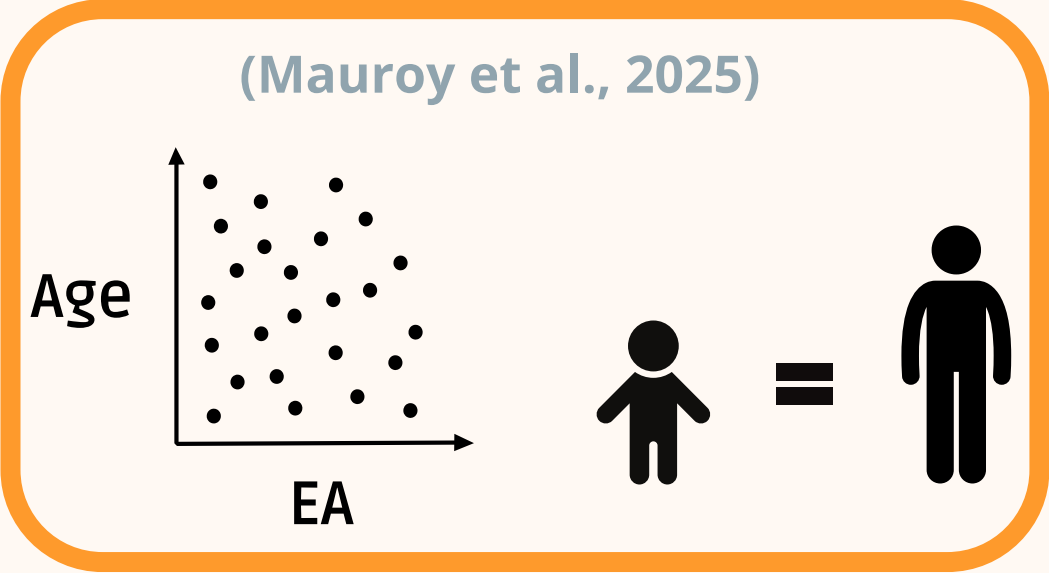
~~Age~~



Individual characteristics

Interactional characteristics

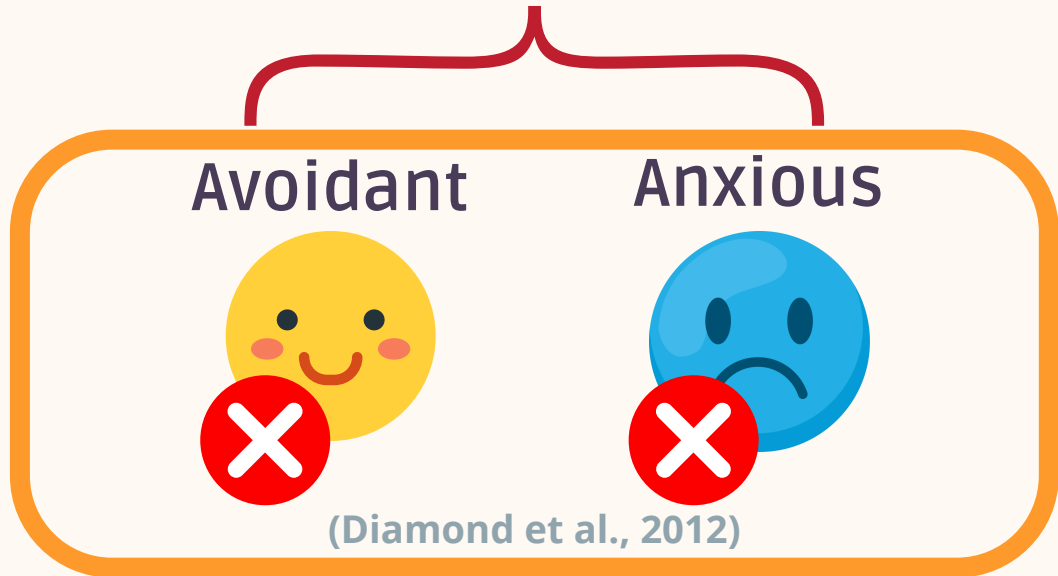
Relational characteristics



~~Age~~



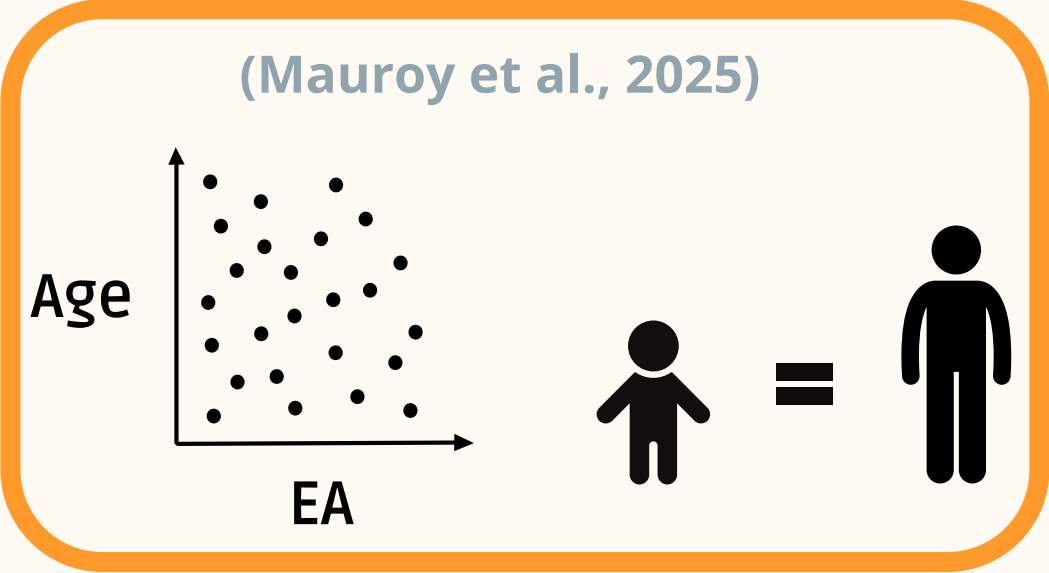
Attachment



Individual characteristics

Interactional characteristics

Relational characteristics



~~Age~~

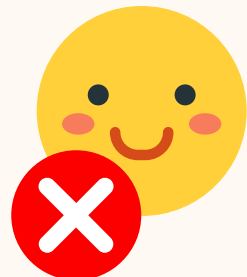


Attachment



Avoidant

Anxious



(Diamond et al., 2012)



Emotional practices and beliefs



Labeling



(Castro et al., 2015 ; McLaren and Sillars, 2020)

Individual characteristics

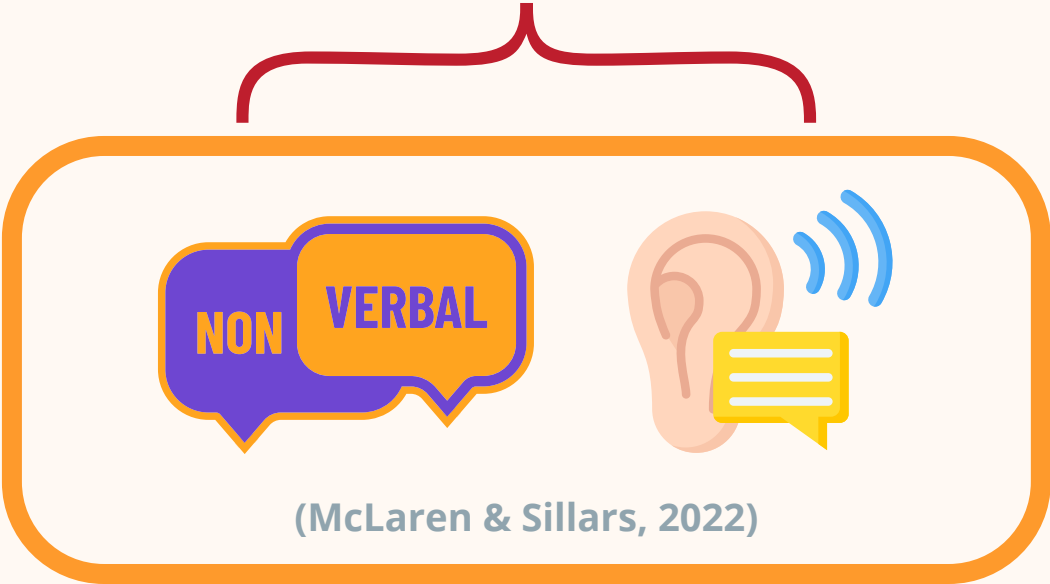
Interactional characteristics

Relational characteristics

Individual characteristics

Interactional characteristics

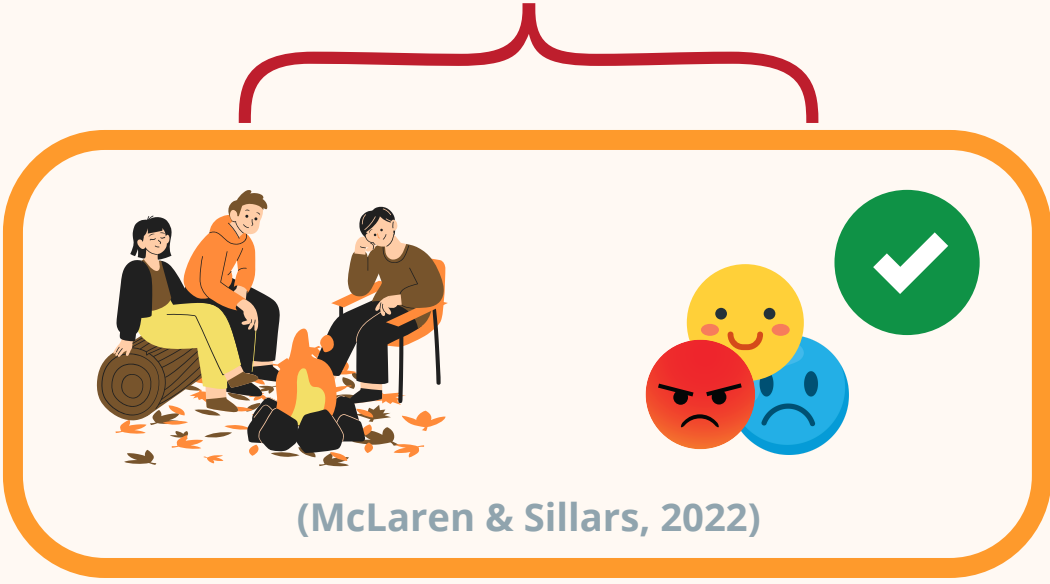
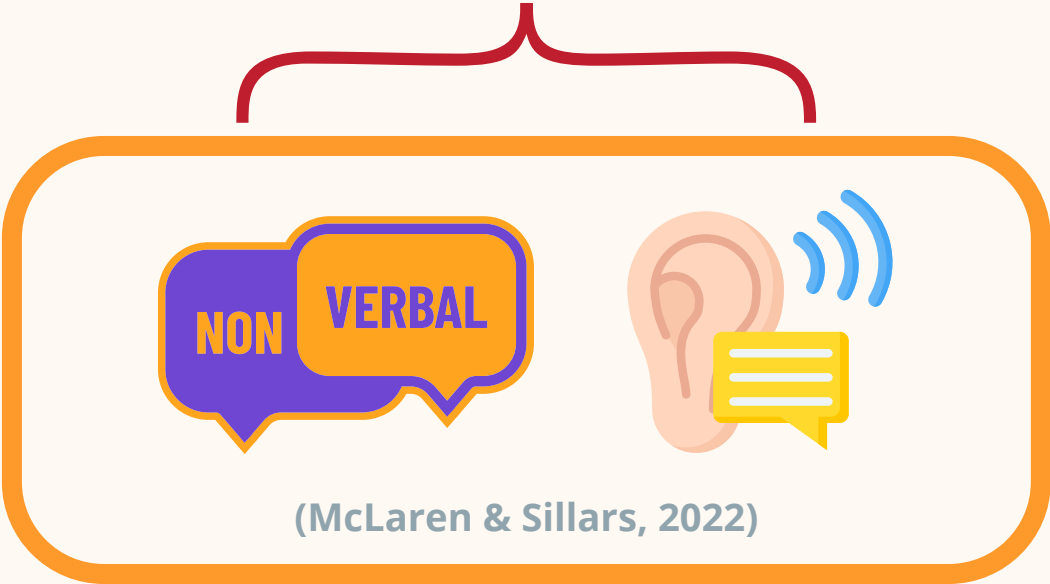
Relational characteristics



Individual characteristics

Interactional characteristics

Relational characteristics



(McLaren & Pederson, 2014 ;McLaren & Sillars, 2020 ; Sillars et al., 2010 ; Vervoort et al., 2007)



Conflict

Individual characteristics

Interactional characteristics


Relational characteristics




Involvement



Active listening

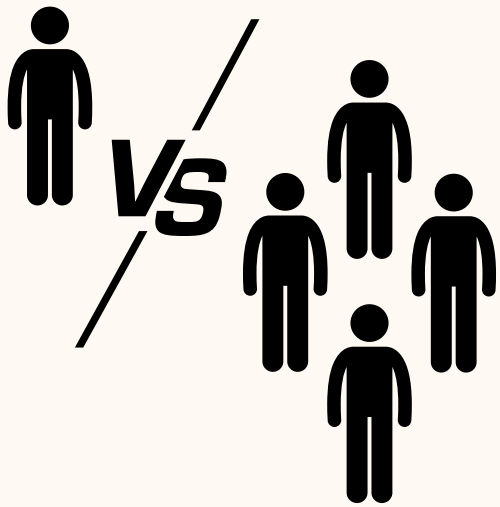


(McLaren & Sillars, 2022)



(McLaren & Sillars, 2022)

(McLaren & Pederson, 2014 ; Vervoort et al. , 2007 ; Wong et al., 2021)



Individual characteristics

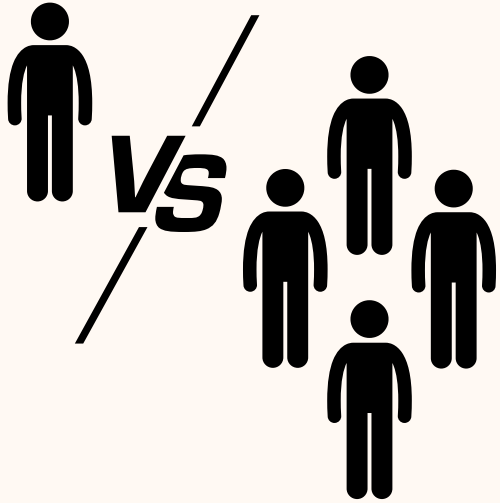
Interactional characteristics

Relational characteristics

Assumed accuracy



(McLaren & Pederson, 2014 ; Vervoort et al. , 2007 ; Wong et al., 2021)



Individual characteristics

Interactional characteristics

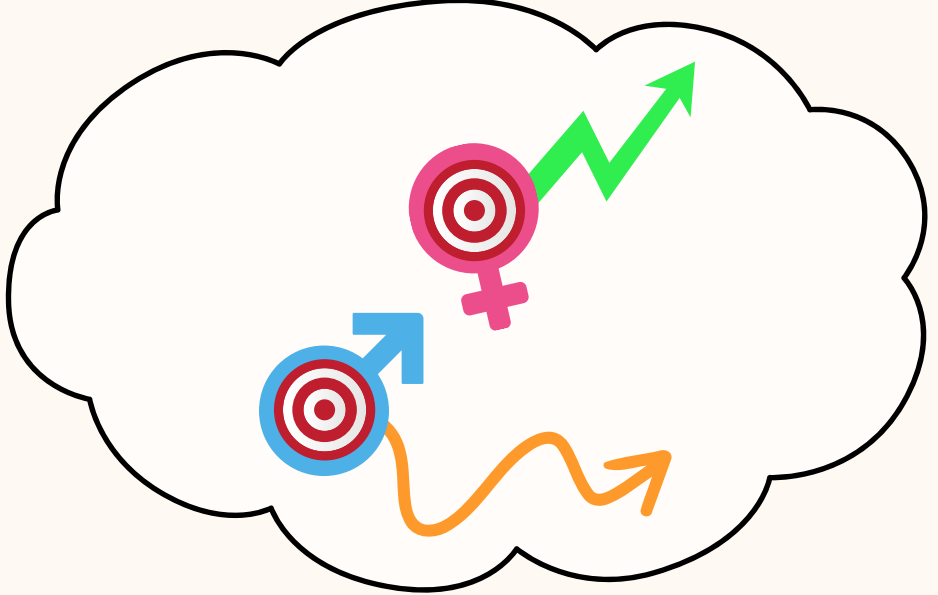
Relational characteristics

Assumed accuracy



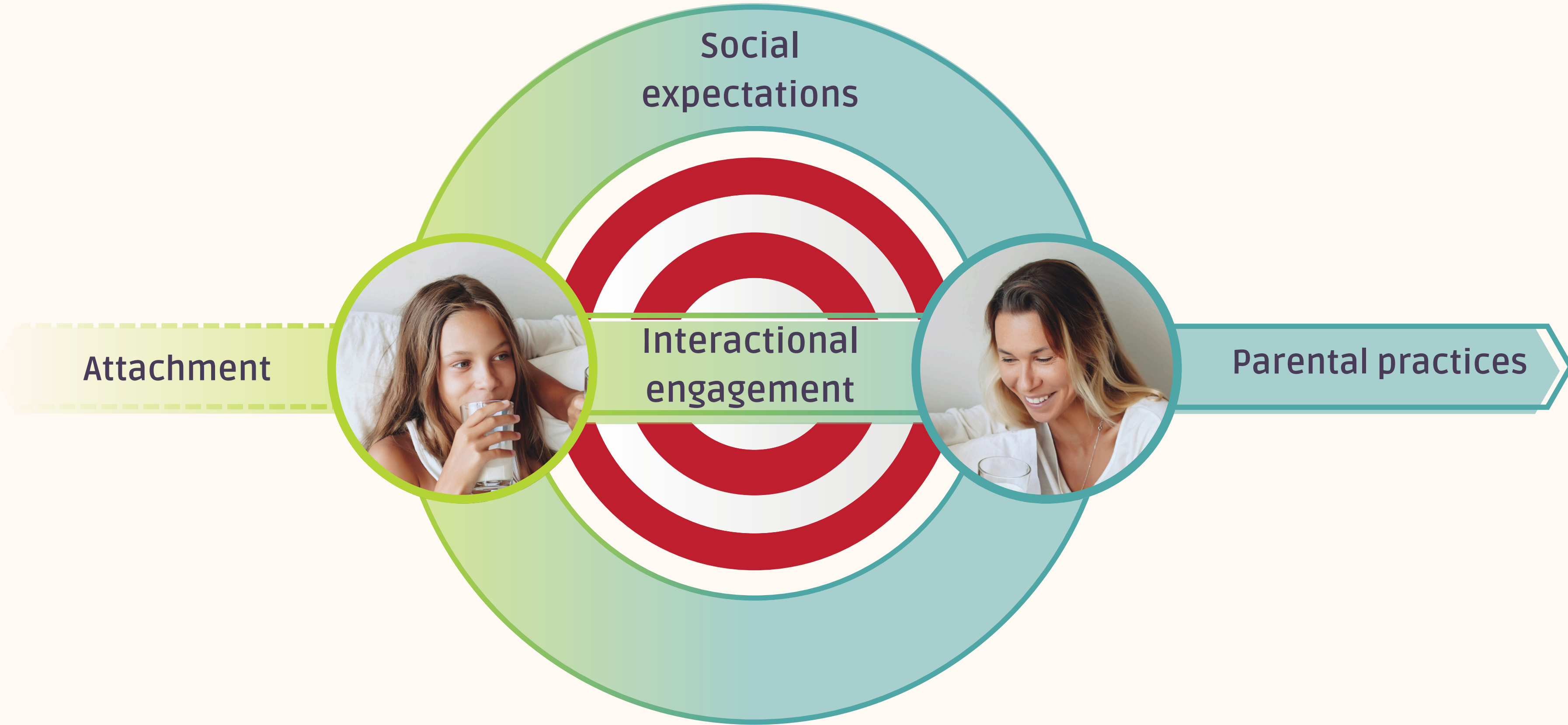
Gender expectations

(Sillars et al., 2005 ; Vervoort et al. , 2007 ; Wong et al., 2021)









LiMiTATiONS



Heterogeneity of EA
operationalization

Other paradigms to assess EA

Small sample sizes

PERSPECTiVES



Clearer conceptualization

Longitudinal studies

Age appropriate studies

Children/Adolescents are as empathically accurate as adults, although parents' behaviors, beliefs and expectations is related to EA variations



Children/Adolescents are as empathically accurate as adults, although parents' behaviors, beliefs and expectations is related to EA variations



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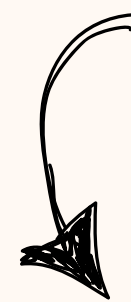
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THANK YOU !

PAPER



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