



# Proton MRD Profile Analysis in Human Serum Albumin Solutions: Two and Three Sites Exchange Model Approaches

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## Abstract

The two sites water exchange model (2SWEM) and the three sites exchange model (3SEM) were properly used to describe proton ( $^1\text{H}$ ) magnetic relaxation dispersion ( $^1\text{HMRD}$ ) in human serum albumin (HSA) solutions at 310 K. Lyophilized HSA was obtained from Sigma-Aldrich and diluted in phosphate buffered saline (PBS, pH 7.4) to obtain 10 samples with a concentration of 50 g/l. The  $^1\text{HMRD}$  profiles (20–60 MHz) were obtained using a fast field cycling nuclear magnetic resonance relaxometry facility (Stelar FFC 2000 Spinmaster) and two Minispec (Mq20, Mq60) relaxometry facilities from Bruker. The longitudinal  $^1\text{H}$  magnetic relaxation time ( $T_1$ ) was measured employing the inversion recovery pulse sequence and the  $1/T_1$  was plotted as a function of the frequency of resonance to create the  $^1\text{HMRD}$  profiles. The 2 sites water exchange model considering ellipsoidal geometry is the best option to fit the  $^1\text{HMRD}$  profiles in diluted HSA solutions, which allows to update the physical model previously presented to describe the theoretical dependence between the transverse proton magnetic relaxation rate and the protein dynamic viscosity in blood plasma and blood serum solutions. The physical parameters obtained from the fit, using this model, describe properly the diluted HSA solutions in comparison with previous experimental reports and theoretical estimations. This result can be improved taking into consideration all the proton–proton dipolar interactions of the protons belonging to the bound water molecules.

**Keywords**  $^1\text{HMRD}$  profiles · HSA · Two sites water exchange model · Three sites exchange model

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# 1 Introduction

Proton ( $^1\text{H}$ ) magnetic relaxation (PMR) studies of protein solutions have been successfully used to develop medical applications [1–8]. The behaviors of the transverse ( $T_2$ ) and longitudinal ( $T_1$ ) proton magnetic relaxation times in intracellular hemoglobin (Hb) solutions have allowed to determine the delay time of the hemoglobin S (HbS) polymerization process [1, 2, 7] in sickle cell disease (SCD) [9–14], giving the possibility of to differentiate the crisis and the steady state in SCD patients [1, 2, 7], as well as to evaluate a potential treatment [1, 2, 7, 15–17]. On the other hand, the values of  $T_2$  have been employed to determine the dynamic viscosity ( $\eta$ ) of Hb [4, 6], blood plasma [5], blood serum [3] and whole blood [17]. To improve these medical applications, or to create new applications, a proper understanding of PMR in protein solutions is needed.

The method based on PMR to evaluate  $\eta$  in blood plasma samples has been very useful during the clinical evaluation of patients with SCD and Multiple Myeloma [5] and also to determine the blood dynamic viscosity [17]. Considering that human serum albumin (HSA) is the main content in blood plasma, a proper description of PMR in solutions of HSA is needed, especially in experimental conditions near to the physiological conditions (50 g/l and 310 K).

Different models have been considered to describe PMR in protein solutions from the seminal paper of Dazkiewicz in 1963 until now [1, 3, 5, 6, 15, 18–31]. Koenig and coworkers [23, 24, 28] developed three mathematical equations to fit the nuclear magnetic relaxation dispersion (NMRD) profiles, which are not completely based (or not based) in the theory of PMR. Despite this fact, the Hallenga and Koenig approach [28] is often used to fit the NMRD profiles. The most widely used physical model to describe PMR in protein solutions is the 2 sites water exchange model (2SWEM) [18–25, 27], see appendix:

$$R_1(\omega_0) = R_{1w}^{\text{bulk}} + \delta_1 \left[ \frac{0.2\tau_R}{1 + \omega_0^2\tau_R^2} + \frac{0.8\tau_R}{1 + 4\omega_0^2\tau_R^2} \right]$$

$$\delta_1 = P_B \frac{3}{2} \left( \frac{\mu_0}{4\pi} \right)^2 \left( \frac{\gamma^4 \hbar^2}{b^6} \right) \quad (1)$$

In Eq. (1),  $R_1$  is the longitudinal proton magnetic relaxation rate due to the presence of the protein in the aqueous solution and  $R_{1w}^{\text{bulk}}$  is the contribution to the relaxation rate from the solvent alone.  $P_B$  is the fraction of water bound ( $B$ ) to the protein,  $\mu_0$  is the magnetic permeability of the vacuum,  $\hbar$  is the Planck's constant divided by  $2\pi$ ,  $\gamma$  is the magnetogyric ratio of the  $^1\text{H}$  and  $b = 1.5810^{-10}\text{m}$  is the distance between the protons inside the water molecule. On the other hand,  $\omega_0$  is the angular frequency of resonance and  $\tau_R$  is the rotational correlation time of the protein molecule. Here, the water molecules are considered irrotationally bound to the macromolecule and the dipolar interaction between the protons inside the water molecule is assumed as the main contribution to PMR [3, 5, 6, 18, 19]. In this case the interacting spin pairs (protons inside the water molecule irrotationally bound to the

protein) are embedded in one rigid molecule with spherical geometry and rotating with just one correlation time:  $\tau_R$  (see appendix).

Another approach to describe PMR in protein solutions is the three sites exchange model (3SEM) [18, 29, 31]. In addition to the water in the solvent (characterized by a fraction of water  $P_{Bulk}$ ), in this model two types of water bound to the protein are considered: the water irrotationally bound ( $B^*$ ) to the protein or internal water (characterized by a fraction of water  $P_B^*$ ) and the water bound to the surface of the macromolecule, but free to rotate at its binding site, or hydrated water (hy), which is characterized by a fraction of water  $P_{hy}$  ( $P_{Bulk} + P_B^* + P_{hy} = 1$ ). A fast exchange of water molecules is established among these 3 sites for the water molecules [18, 29, 31] and we can write for  $R_1$ :

$$R_1(\omega_0) = R_{1w}^{bulk} + \alpha + \delta_1^* \left[ \frac{0.2\tau_R}{1 + \omega_0^2\tau_R^2} + \frac{0.8\tau_R}{1 + 4\omega_0^2\tau_R^2} \right] \quad (2)$$

In Eq. (2),  $\alpha = P_{hy}R_1^{hy}$ , being  $R_1^{hy}$  the magnetic relaxation rate of the protons belonging to the hydrated water, and  $\delta_1^*$  is defined as  $\delta_1$  but changing, in Eq. (1),  $P_B$  by  $P_B^*$ , such as  $P_B = P_B^* + P_{hy}$ .

Despite Eqs. (1) and (2) are the traditional models to describe PMR in protein solutions, frequently the geometry of the protein is more near to one ellipsoid than to one sphere (mainly in solution) [32–35]. This is the case of the solutions of HSA, where the protein is described as a prolate ellipsoid with lengths of  $140 \cdot 10^{-10}$  m for its major axis and  $40 \cdot 10^{-10}$  m for its minor axis [34, 35]. Here, the option is to consider the interacting spin pairs as embedded in one rigid molecule with ellipsoidal geometry and rotating with more than one correlation time. Then, Eqs. (1) and (2) can be rewritten as follows (see appendix):

$$R_1(\omega_0) = R_{1w}^{bulk} + \sum_{i=1}^2 \beta_i \left[ \frac{0.2\tau_{Ri}}{1 + \omega_0^2\tau_{Ri}^2} + \frac{0.8\tau_{Ri}}{1 + 4\omega_0^2\tau_{Ri}^2} \right] \quad (3)$$

$$R_1(\omega_0) = R_{1w}^{bulk} + \alpha + \sum_{i=1}^2 \beta_i^* \left[ \frac{0.2\tau_{Ri}}{1 + \omega_0^2\tau_{Ri}^2} + \frac{0.8\tau_{Ri}}{1 + 4\omega_0^2\tau_{Ri}^2} \right] \quad (4)$$

In Eq. (3),  $\beta_1$  and  $\beta_2$  are the magnitudes of the dispersions associated with two different rotations of the ellipsoidal protein: the first one around one axis parallel to the main symmetry axis of the ellipsoid and the second one around one axis perpendicular to this main symmetry axis (see appendix). On the other hand,  $\tau_{R1}$  and  $\tau_{R2}$  are the rotational correlations times associated with these two rotations. In Eq. (4),  $\beta_1^*$  and  $\beta_2^*$  are defined as  $\beta_1$  and  $\beta_2$  (see appendix) but changing  $\delta_1$  by  $\delta_1^*$ .

In this work we have focused in the analysis of the proton magnetic relaxation dispersion ( $^1\text{HMRD}$ ) profiles, measured in solutions of HSA of 50 g/l and at 310 K, to define which is the best physical model (between the 2SWEM and the 3SEM) to describe PMR in these solutions. Considering the geometry of the HSA in solutions we have used an ellipsoidal geometry to compare the performances of the 2SWEM

and the 3 SEM. Taking into account the traditional approach used to describe PMR in protein solutions, these results were compared with the performances of both models considering spherical geometry.

## 2 Materials and Methods

Lyophilized HSA was obtained from Sigma-Aldrich and diluted in phosphate buffered saline (PBS, pH 7.4) to obtain 10 samples with a concentration of 50 g/l; 500  $\mu$ l of protein solution were transferred to a NMR tube for the measurements.

A fast field cycling nuclear magnetic resonance relaxometry facility (Stelar FFC 2000 Spinmaster) was used, in the range from 20 kHz to 10 MHz, to obtain the longitudinal  $^1\text{HMRD}$  profiles at 310 K, which were represented as semilog plots of  $R_I$  ( $1/T_I$ ) versus  $f_0 = \omega_0/2\pi$ . Additional points at 20 MHz and 60 MHz were added after measuring the samples in the Mq20 and Mq60 relaxometry analyzers (Minispec) from Bruker. For each sample at least five  $^1\text{HMRD}$  profiles were measured (to obtain a total of 50  $^1\text{HMRD}$  profiles measured for HSA samples of 50 g/l) and the values of the obtained parameters reported as:  $\bar{u} \pm \text{SD}$ . Here,  $\bar{u}$  and SD represent the mean value and the standard deviation of the performed measurements, respectively. A Student's test ( $t$  test) was used to compare means with  $\alpha = 0.05$ .

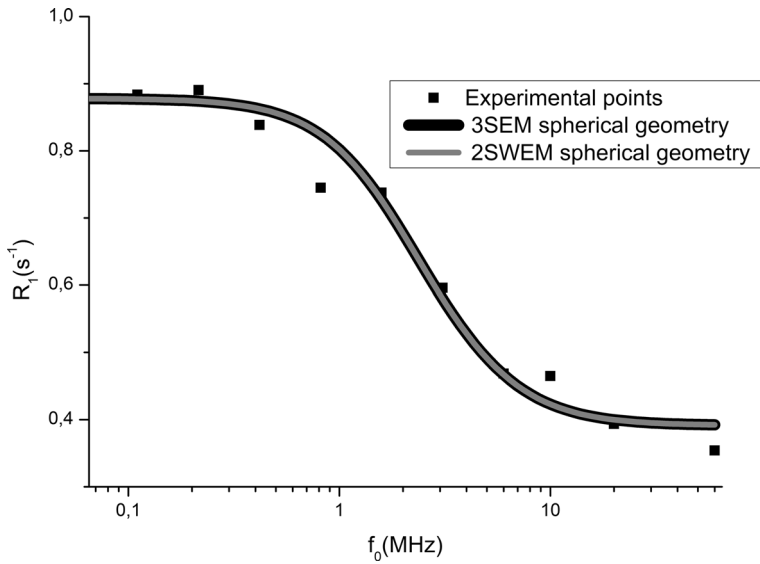
During the fitting of the experimental  $^1\text{HMRD}$  profiles to the 2SWEM and the 3SEM, using ellipsoidal geometry, the values of  $R_{1w}^{\text{bulk}}$  were fixed to avoid overfitting and the values of  $\alpha$  were taken such as  $\alpha \geq 0$  to avoid unphysical (negative) results.

## 3 Results and Discussion

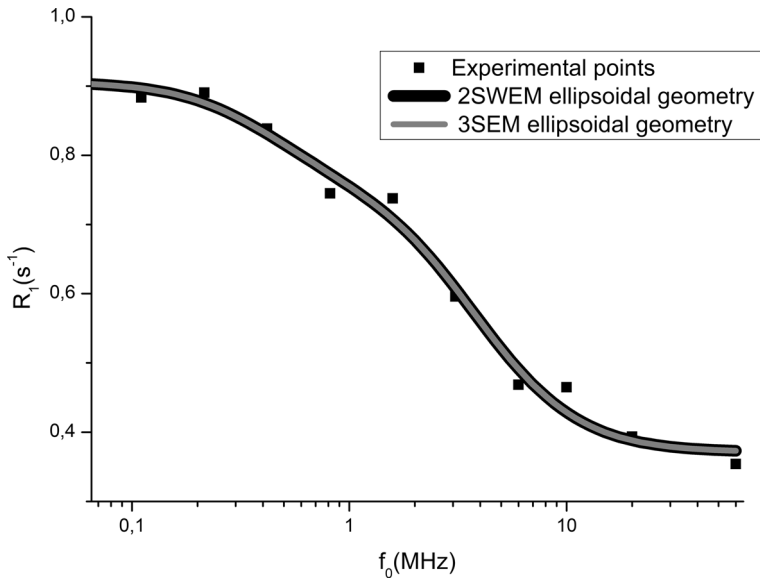
Figures 1 and 2 show the typical  $^1\text{HMRD}$  profile obtained in HSA solutions (50 g/l) at 310 K. In Fig. 1, the  $^1\text{HMRD}$  profile was fitted using Eqs. (1) and (2) corresponding to the 2SWEM and the 3SEM, respectively, considering a spherical geometry for the HSA. In Fig. 2, the  $^1\text{HMRD}$  profile was fitted using Eqs. (3) and (4) corresponding to the 2SWEM and the 3SEM, respectively, considering an ellipsoidal geometry for the HSA. The parameters resulting from the fit of the experimental  $^1\text{HMRD}$  profiles using Eqs. (1)–(4) appear summarized in Table 1.

Experimental evaluations of  $R_I$  in pure water performed during this study showed a value of  $0.33 \text{ s}^{-1}$  (310 K), which is significantly lower than our values of  $R_{1w}^{\text{bulk}}$  (around  $0.40 \text{ s}^{-1}$ , see Table 1). Considering that our samples of HSA solutions are extremely diluted saline solutions (lyophilized HSA was diluted in PBS until reach 50 g/l),  $T_I$  values will decrease as a consequence of the saline content and the  $R_I = 1/T_I$  will increase.  $T_I$  and  $R_I$  will slightly change due to the concentration of salts is really small in PBS. The values of  $R_{1w}^{\text{bulk}}$  obtained using the two models (2SWEM and 3SEM) and the two geometries for the HSA molecule (spherical and ellipsoidal geometries) are coincident (see Table 1).

The values of  $\tau_R$ ,  $\tau_{R1}$  and  $\tau_{R2}$  obtained in this work (see Table 1) correspond with the range of values reported in the literature for the rotational correlation



**Fig. 1** Typical  $^1\text{HMRD}$  profile in HSA solutions of 50 g/l at 310 K. The profile has been fitted using the 2SWEM and the 3SEM considering spherical geometry for the HSA. The fits obtained overlaps



**Fig. 2** Typical  $^1\text{HMRD}$  profile in HSA solutions of 50 g/l at 310 K. The profile has been fitted using the 2SWEM and the 3SEM considering ellipsoidal geometry for the HSA. The fits obtained overlaps

**Table 1** Values of the proton magnetic relaxation rate of the solvent ( $R_{1w}^{\text{bulk}}$ ); the rotational correlation time for the movement of the HSA molecule considered as one sphere ( $\tau_R$ ), the magnitudes of the dispersion for the 2SWEM ( $\delta_1$ ) and the 3SEM ( $\delta_1^*$ ) considering spherical geometry for the macromolecule, the proton magnetic relaxation rate for the hydrated water ( $\alpha$ ), the magnitudes of the dispersions for the 2SWEM ( $\beta_1$  and  $\beta_2$ ) and the 3SEM ( $\beta_1^*$  and  $\beta_2^*$ ) considering ellipsoidal geometry for the HSA molecule and the rotational correlation times for the movement of the HSA as one ellipsoid ( $\tau_{R1}$  and  $\tau_{R2}$ ). These parameters were obtained from the fit of the experimental  $^1\text{HMRD}$  profiles (310 K, 5 profiles per sample) to the 2SWEM and the 3SEM in 10 samples of HSA (50 g/l) considering spherical and ellipsoidal geometries for the protein.  $\bar{R}^2$  is the adjusted value of the coefficient of determination ( $R$ -square)

Parameters	2SWEM Sphere	2SWEM Ellipsoid	3SEM Sphere	3SEM Ellipsoid
$R_{1w}^{\text{bulk}}(\text{s}^{-1})$	$0.405 \pm 0.021$	$0.378 \pm 0.011$	$0.400 \pm 0.013$	$0.400 \pm 0.024$
$\delta_1 \times 10^7 (\text{s}^{-2})$	$1.180 \pm 0.161$			
$\delta_1^* \times 10^7 (\text{s}^{-2})$			$1.226 \pm 0.147$	
$\tau_R \times 10^{-8} (\text{s})$	$4.180 \pm 0.429$		$4.158 \pm 0.492$	
$\alpha \times 10^{-4} (\text{s}^{-1})$			$0.032 \pm 0.007$	$0.047 \pm 0.028$
$\beta_1 \times 10^7 (\text{s}^{-2})$		$1.384 \pm 0.190$		
$\beta_1^* \times 10^7 (\text{s}^{-2})$				$1.331 \pm 0.155$
$\tau_{R1} \times 10^{-8} (\text{s})$		$2.739 \pm 0.308$		$2.828 \pm 0.243$
$\beta_2 \times 10^5 (\text{s}^{-2})$		$6.525 \pm 1.763$		
$\beta_2^* \times 10^5 (\text{s}^{-2})$				$6.214 \pm 1.779$
$\tau_{R2} \times 10^{-7} (\text{s})$		$2.349 \pm 0.521$		$2.430 \pm 0.540$
$\bar{R}^2$	$0.960 \pm 0.010$	$0.977 \pm 0.005$	$0.963 \pm 0.011$	$0.976 \pm 0.005$

times of different proteins: ( $10^{-9}$ – $10^{-7}$ ) s [1, 2, 7, 18, 22–31], which has been widely established during the last 60 years using different experimental methods. For instance, Lindstrom and Koenig [24] reported in 1974, using NMRD, values between  $9.5 \cdot 10^{-8}$  s and  $2 \cdot 10^{-7}$  s for carbonmonoxihemoglobin (HbCO) depending on pH, concentration and temperature values. Hallenga and Koenig [28] reported in 1976 values between  $4 \cdot 10^{-8}$  s and  $4 \cdot 10^{-7}$  s for different proteins (Hemoglobin, Concanavalin A, Carbonic Anhydrase B, Lysozyme) and different values of temperature employing NMRD, Fluorescence Depolarization, Light Scattering and Dielectric Relaxation. Halle and coworkers [36] reported in 1981 values around  $10^{-9}$  s for lysosyme, hemoglobin and human plasma albumin. K. Venu and coworkers [29] reported in 1997 values of the order of ( $5$ – $7$ )  $10^{-8}$  s for bovine pancreatic tripsin inhibitor (BPTI) at 300 K, pH 5.1 and 16.7 mM using NMRD. Kiihne and Bryant [25] reported in 2000 values between  $4 \cdot 10^{-8}$  s and  $5 \cdot 10^{-8}$  s for bovine serum albumin (BSA) employing NMRD. Lores and coworkers reported values for hemoglobin between  $10^{-8}$  s and  $10^{-7}$  s using Electronic Paramagnetic Resonance in 2006 [37] and NMRD in 2022 [18]. Moreover, Rodríguez and coworkers [6] estimated theoretically values of  $\tau_R$  of the order of  $10^{-7}$  s for hemoglobin in 2025. Finally, from special interest is that Olszewski reported in 1992 values from HSA, at 277 K and pH=7.3, between  $5 \cdot 10^{-7}$  s and  $9 \cdot 10^{-7}$  s. This result is coherent with our experimental values of  $\tau_R$ ,  $\tau_{R1}$  and  $\tau_{R2}$  (Table 1) considering the correlation times depend exponentially of temperature and the argument of this exponential function depends on  $1/T$ , where  $T$  is the absolute temperature.

The rotational correlation times of the HSA depend of the geometry and dimensions of the rotating protein, as well as of the dynamic viscosity of the macromolecular solution ( $\eta_{HSA}$ ), according to [38]

$$\tau_R^{pp} = \frac{32\pi a_1^3 S_1}{18kT} \eta_{HSA} \quad (5)$$

$$\tau_R^{pll} = \frac{32\pi a_1^3 S_2}{18kT} \eta_{HSA} \quad (6)$$

$$S_1 = \frac{(1 - q^4)}{[(2 - q^2)a_1 S^* - 2]} \quad (7)$$

$$S_2 = \frac{q^2(1 - q^2)}{(2 - q^2 a_1 S^*)} \quad (8)$$

$$S^* = 2(a_1^2 - a_2^2)^{-\frac{1}{2}} \ln \left\{ \left[ a_1 + (a_1^2 - a_2^2)^{\frac{1}{2}} \right] / a_2 \right\} \quad (9)$$

Here we have considered that the geometry of the HSA in solution is a prolate ellipsoid [34, 35].  $\tau_R^{pp}$  is the correlation time for the rotation around one axis perpendicular to the main axis of symmetry of the ellipsoid and  $\tau_R^{pll}$  is the correlation time for the rotation around one axis parallel to this main axis of symmetry. On the other hand,  $a_1$  and  $a_2$  are the major and minor semiaxes of the HSA molecule, respectively, and  $q = \frac{a_2}{a_1}$ . In Eqs. (5) and (6),  $k$  is the constant of Boltzmann.

Considering that  $a_1 = 70 \cdot 10^{-10}$  m and  $a_2 = 20 \cdot 10^{-10}$  m [34, 35], and using Eqs. (5)–(9), the values of  $\tau_R^{pp}$  and  $\tau_R^{pll}$  for HSA, using similar concentration (46.7 g/l) and temperature (308 K) to those used in our experiment (50 g/l and 310 K), can be calculated as  $7.4 \cdot 10^{-8}$  s and  $1.91 \cdot 10^{-8}$  s, respectively, employing 0.95 mPa s for the  $\eta_{HSA}$  [34]. From Table 1, it is possible to see that the experimental values of  $\tau_{R1}$  and  $\tau_{R2}$ , obtained from the fit of the  $^1\text{HMRD}$  profiles to the 2SWEM and the 3SEM considering ellipsoidal geometry, are near to the theoretically estimated values of  $\tau_R^{pp}$  and  $\tau_R^{pll}$ , particularly  $\tau_{R1}$  from  $\tau_R^{pll}$ .

The fits obtained with the 2SWEM and the 3SEM overlap for spherical and ellipsoidal geometries (see Figs. 1 and 2) because of the values of  $\alpha$  (see Table 1) are much lower than the values of the other two terms at the right-hand side of Eqs. (2) and (4), and then  $\alpha$  can be discarded in these equations making both models coincident. It can be supported considering the statistical coincidence between the values of  $\tau_R$ ,  $\tau_{R1}$  and  $\tau_{R2}$  obtained with the 2SWEM and the values of the same parameters obtained with the 3SEM (see Table 1). Moreover, the statistical coincidence between  $\delta_1$  and  $\delta_1^*$  (Table 1) means, according to Eq. (1), that  $P_B = P_B^*$ , and, as  $P_B = P_B^* + P_{hy}$  and  $\alpha = P_{hy} R_1^{hy}$ , then  $P_{hy} = 0$  and  $\alpha = 0$ . In addition, the statistical coincidence

between  $\delta_1$  and  $\delta_1^*$  provokes that  $\beta_1 = \beta_1^*$  and  $\beta_2 = \beta_2^*$  as can be observed in Table 1. From this analysis it is possible to conclude that the 2SWEM is enough to describe PMR in HSA solutions for the experimental conditions used in this work. It means that it is not necessary to split the bound water in two populations of water with different strengths in its binding to the macromolecule, it is enough to consider all the water bound to the protein as irrotationally bound.

In Table 1, the values of  $\overline{R}^2$  for ellipsoidal geometry are bigger than those obtained employing spherical geometry. It means that the ellipsoidal geometry is the best option to describe PMR in HSA solutions and it is coherent with the reported geometry of this protein in solution [34, 35].

All the results showed and the analysis performed above suggest that the best model to describe PMR in HSA solutions, in our experimental conditions, is the 2SWEM considering an ellipsoidal geometry for the protein molecule. It is another option to describe PMR in protein solutions: to consider it not determined by a distribution of different types of water bound to the macromolecule as previously reported [18, 29], but to consider it determined by different correlation times for the rotation of the protein according to its geometry as previously recommended [23].

This result is particularly useful to update the physical model used to describe the relation between  $\frac{1}{T_2}$  and  $\eta$  in blood plasma and blood serum samples [3, 5], which are specific medical applications based on PMR.

The approach used in this work only consider, for the bound water, the dipolar interaction between the two protons inside the water molecule, discarding other dipolar interactions such as those performed between: (i) two water protons belonging to different water molecules bounded to the protein, (ii) one proton belonging to one molecule of water bounded to the protein and another proton belonging to the macromolecular structure and (iii) one proton belonging to one molecule of water bounded to the protein and another proton belonging to the solvent. It is a limitation for both models used (2SWEM and 3SEM), decreasing its performances and reducing the capability of these models to estimate the physical parameters determined. It could be the case, for example, of  $\tau_{R1}$  and  $\tau_{R2}$ . To improve these results we suggest to use the 3 Tau model [39–41], which takes into account all this interaction. It is the subject of one undergoing work.

## 4 Conclusions

The 2 sites water exchange model considering ellipsoidal geometry is the best option to fit the  $^1\text{HMRD}$  profiles in diluted HSA solutions, which allows to update the physical model previously presented to describe the theoretical dependence between the transverse proton magnetic relaxation rate and the protein dynamic viscosity in blood plasma and blood serum solutions. The physical parameters obtained from the fit, using this model, describe properly the diluted HSA solutions in comparison with previous experimental reports and theoretical estimations. This result can be



improved taking into consideration all the proton–proton dipolar interactions of the protons belonging to the bound water molecules.

## Appendix

PMR in protein solutions is determined by the dominant contribution of the water protons [3, 19]. The other protons, belonging to the macromolecular structure, have magnetic relaxation times very short, much shorter than the magnetic relaxation times of the water protons at the protein solution and than the dead times of the majority of the equipments utilized to measure relaxation, then its contribution can be neglected. The physical model most commonly used to describe PMR in protein solutions is the 2SWEM [1, 3, 5, 6, 18–20, 22–25, 27], which considers two types of water: the water bound to the macromolecular surface and the free water. In this model the bound water is considered as irrotationally bound to the protein surface, such as  $\tau_R \ll \tau_{res}^B$  (bound water residence time)  $\ll T_1, T_2$ . Then, a fast exchange of water molecules between the bound and free water states will be established, and  $R_1 = \frac{1}{T_1}$  can be calculated as follows [1, 3, 5, 6, 18–20, 22–25, 27]:

$$R_1 = P_{bulk} R_{1w}^{bulk} + P_B R_{1B} \quad (10)$$

In Eq. (10),  $R_{1B}$  represents the longitudinal proton magnetic relaxation rate of the protons belonging to the bound water molecules.  $P_{bulk}$  is the fraction of free water, such as  $P_{bulk} + P_B = 1$ . In this model the  $^1\text{H}$ – $^1\text{H}$  dipolar interaction inside the water molecule is defined as the main contribution to  $^1\text{H}$  water relaxation. To evaluate  $R_{1w}^{bulk}$  and  $R_{1B}$  the following equation is considered [42–46]:

$$R_1(\omega_0) = \frac{9}{8} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 [J_1(\omega_0) + J_2(2\omega_0)] \quad (11)$$

Equation (11) is obtained after computing the values of the probability for transitions between the Zeeman energy levels, as well as the temporal evolution of the population difference between these levels, and it is valid for the case of two dipolar interacting spin pairs  $(I = \frac{1}{2})$ , where the dipolar interaction is modulated by the change of the angle between the vector joining the spin pair ( $\vec{r}$ ) and the external and constant magnetic field ( $\vec{B}_0$ ), remaining unchangeable the  $[\vec{r}]$  [42, 47]. Here,  $h$  is the Planck's constant. The functions  $J_1$  and  $J_2$  are spectral density functions describing the water mobility inside the sample [47]:

$$J_i(\omega_0) = \int_{-\infty}^{\infty} K_i(\tau) e^{i\omega_0 \tau} d\tau \quad (12)$$

$$K_i(\tau) = (F_i(t) F_i^*(t + \tau))_{AV} \quad (13)$$

where  $K_i(\tau)$  is a correlation function, dependent of  $\tau$  and independent of  $t$ , measuring the level of correlation of the system between its states at  $t$  and  $t + \tau$ . The values of  $i$  can be 1 and 2.  $K_i(\tau)$  can be considered as a monoexponential function and Eq. (13) rewritten as [43]

$$K_i(\tau) = (F_i(t)F_i^*(t))_{AV} e^{\frac{-|\tau|}{\tau_C}} \quad (14)$$

In Eq. (14),  $\tau_C$  is a constant of time measuring when the correlation between two states of the system reduces  $e$  (Euler) times. Then, Eq. (12) can be rewritten as follows [43]:

$$J_i(\omega_0) = (F_i(t)F_i^*(t))_{AV} \frac{2\tau_C}{1 + (\omega_0\tau_C)^2} \quad (15)$$

The functions  $F$  in Eqs. (13)–(15) are coordinate functions describing the relative positions of the two spin under dipolar interaction and, considering a fixed distance between the interacting protons ( $|\vec{r}| = b$ ), then [47]:

$$(F_1(t)F_1^*(t))_{AV} = \frac{2}{15b^6} \quad (16)$$

$$(F_2(t)F_2^*(t))_{AV} = \frac{8}{15b^6} \quad (17)$$

Finally, combining Eqs. (11) and (15–17), it is possible to obtain:

$$R_1(\omega_0) = \frac{3}{10} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 \left[ \frac{\tau_C}{1 + (\omega_0\tau_C)^2} + \frac{4\tau_C}{1 + 4(\omega_0\tau_C)^2} \right] \quad (18)$$

For the case of a water molecule irrotationally bound to the macromolecule, the movement modulating the dipolar interaction between the two protons inside the water molecule is the protein rotation. Then,  $\tau_C = \tau_R$  and Eq. (18) can be rewritten as.

$$R_{1B}(\omega_0) = \frac{3}{10} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 \left[ \frac{\tau_R}{1 + (\omega_0\tau_R)^2} + \frac{4\tau_R}{1 + 4(\omega_0\tau_R)^2} \right] \quad (19)$$

Even if you consider  $^1\text{H}$ – $^1\text{H}$  intermolecular dipolar interactions between protons located in different bound water molecules, or between one proton in a bound water molecule with another proton at the macromolecular structure,  $\tau_C = \tau_R$ . It is because, in spite of one should consider the exchange of water molecules between bound and bulk states as a process modulating the dipolar interaction ( $\frac{1}{\tau_C} = \frac{1}{\tau_{res}^B} + \frac{1}{\tau_R}$ ) [26],  $\tau_{res}^B \gg \tau_R$ . Nevertheless, the model is focused in the intramolecular dipolar interaction between the protons inside the irrotationally bound water molecules,

which is a limitation. Another limitation is that this model does not take into consideration the dipolar interaction between water protons at the solvent and protons located in bound water molecules or in the protein structure, which is modulated by solvent water diffusion. Moreover, Eq. (19) does not consider interactions with unpaired electrons at the sample (dipolar, scalar and/or Curie interactions) [27, 48].

In Eq. (19), the values of  $\tau_R \geq 10^{-9} s$  [1, 18, 19, 22–25] make  $R_{1B}$  a function of  $\omega_0$ . For the case of the free water  $\tau_C = 10^{-12} s - 10^{-11} s$  and  $R_1$  is independent from  $\omega_0$ , such as:

$$R_{1W}^{bulk} = \frac{3}{2} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 \tau_C \quad (20)$$

For the case of the bulk; the intermolecular  $^1H-^1H$  dipolar interactions modulated by diffusion can be considered adding a term to Eq. (20), which is also  $\omega_0$  independent [43]. Combining Eqs. (10), (19) and (20), it is possible to obtain:

$$R_1(\omega_0) = R_{1W}^{bulk} + \delta_1 \left[ \frac{0.2\tau_R}{1 + (\omega_0\tau_R)^2} + \frac{0.8\tau_R}{1 + 4(\omega_0\tau_R)^2} \right]$$

$$\delta_1 = P_b \frac{3}{2} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \hbar^2 \quad (21)$$

Despite Eq. (21) is the traditional model to describe PMR in protein solutions [1, 3, 6, 18, 19, 22–24, 27, 44], considering that usually the protein geometry is more near to one ellipsoid than to one sphere (mainly in solution) [32–35], the protein + water complex should be described using an ellipsoidal geometry and more than one correlation time.

If our dipolar interacting spin pairs (the protons inside the irrotationally bound water molecules) are assumed as included inside one rigid molecule with a geometry corresponding to a prolate ellipsoid ( $a_1 > a_2 = a_3$ , being  $a_1, a_2$  and  $a_3$  the lengths of the symmetry axes of the ellipsoid divided by 2) the spectral density functions can be described according to [45, 46]

$$J_i(\omega_0) = 2(F_i(t)F_i^*(t))_{AV} \left[ Q \left( \frac{\tau_{R1}}{1 + (\omega_0\tau_{R1})^2} \right) + S \left( \frac{\tau_{R2}}{1 + (\omega_0\tau_{R2})^2} \right) + U \left( \frac{\tau_{R3}}{1 + (\omega_0\tau_{R3})^2} \right) \right] \quad (22)$$

Here,  $\tau_{R1}$ ,  $\tau_{R2}$  and  $\tau_{R3}$  are the correlation times for the rotation of the protein molecule around each symmetry axis of the ellipsoid.  $Q$ ,  $S$  and  $U$  depend on the cosine of the angle between  $\vec{r}$  and the main symmetry axis of the ellipsoid ( $l$ ) [45, 46]:

$$Q = \frac{1}{4}(3l^2 - 1)^2 \quad (23)$$

$$S = 3l^2(1 - l^2) \quad (24)$$

$$U = \frac{3}{4}(l^2 - 1)^2 \quad (25)$$

The values of  $\tau_{R1}$ ,  $\tau_{R2}$  and  $\tau_{R3}$  can be related to the rotational diffusion coefficients for the movement around each axis of the ellipsoid ( $D_{R1}$ ,  $D_{R2}$  and  $D_{R3}$ ) as follows [45, 46]:

$$\frac{1}{\tau_{R1}} = 6D_{R2} \quad (26)$$

$$\frac{1}{\tau_{R2}} = 5D_{R2} + D_{R1} \quad (27)$$

$$\frac{1}{\tau_{R3}} = 2D_{R2} + 4D_{R1} \quad (28)$$

Combining Eqs. (16), (17) and (22)–(25), it is possible to obtain Eqs. (29), (30) and (31) for the cases in which the angle between  $\vec{r}$  and the main symmetry axis of the ellipsoid takes values:  $0$ ,  $\frac{\pi}{2}$  and  $\frac{\pi}{4}$ , respectively:

$$R_{1B}(\omega_0) = \frac{3}{10} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 \left[ \frac{\tau_{R1}}{1 + (\omega_0 \tau_{R1})^2} + \frac{4\tau_{R1}}{1 + 4(\omega_0 \tau_{R1})^2} \right] \quad (29)$$

$$R_{1B}(\omega_0) = \frac{3}{10} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 \left[ \frac{1}{4} \left( \frac{\tau_{R1}}{1 + (\omega_0 \tau_{R1})^2} + \frac{4\tau_{R1}}{1 + 4(\omega_0 \tau_{R1})^2} \right) + \frac{3}{4} \left( \frac{\tau_{R3}}{1 + (\omega_0 \tau_{R3})^2} + \frac{4\tau_{R3}}{1 + 4(\omega_0 \tau_{R3})^2} \right) \right] \quad (30)$$

$$R_{1B}(\omega_0) = \frac{3}{10} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 \left[ \frac{1}{16} \left( \frac{\tau_{R1}}{1 + (\omega_0 \tau_{R1})^2} + \frac{4\tau_{R1}}{1 + 4(\omega_0 \tau_{R1})^2} \right) + \frac{12}{16} \left( \frac{\tau_{R2}}{1 + (\omega_0 \tau_{R2})^2} + \frac{4\tau_{R2}}{1 + 4(\omega_0 \tau_{R2})^2} \right) + \frac{3}{16} \left( \frac{\tau_{R3}}{1 + (\omega_0 \tau_{R3})^2} + \frac{4\tau_{R3}}{1 + 4(\omega_0 \tau_{R3})^2} \right) \right] \quad (31)$$

According to Eqs. (29)–(31), a general case (including all possible angles between  $\vec{r}$  and the main symmetry axis of the ellipsoid) will be:

$$R_{1B}(\omega_0) = \frac{3}{10} \left( \frac{\mu_0}{4\pi} \right)^2 \gamma^4 \left( \frac{h}{2\pi} \right)^2 \left[ \sum_{i=1}^3 Z_i \left( \frac{\tau_{Ri}}{1 + (\omega_0 \tau_{Ri})^2} + \frac{4\tau_{Ri}}{1 + 4(\omega_0 \tau_{Ri})^2} \right) \right] \quad (32)$$

where  $Z_i$  are constants resulting of the sum of all terms containing to  $\left( \frac{\tau_{Ri}}{1 + (\omega_0 \tau_{Ri})^2} + \frac{4\tau_{Ri}}{1 + 4(\omega_0 \tau_{Ri})^2} \right)$ . Combining Eqs. (10) and (32) it is possible to obtain:

$$R_1(\omega_0) = R_{1w}^{bulk} + \delta_1 \left[ \sum_{i=1}^3 Z_i \left( \frac{0.2\tau_{Ri}}{1 + (\omega_0\tau_{Ri})^2} + \frac{0.8\tau_{Ri}}{1 + 4(\omega_0\tau_{Ri})^2} \right) \right]$$

$$\delta_1 = P_b \frac{3}{2} \left( \frac{\mu_0}{4\pi} \right)^2 \frac{\gamma^4 \hbar^2}{b^6} \quad (33)$$

A prolate ellipsoid has only two rotational correlation times due to: the rotation around one axis parallel to its main symmetry axis and another rotation around one axis perpendicular to its main symmetry axis [38]. Then, in Eq. (33), we can consider that  $\tau_{R2} = \tau_{R3}$  ( $a_2 = a_3$ ) and this equation can be rewritten as follows:

$$R_1(\omega_0) = R_{1w}^{bulk} + \left[ \sum_{i=1}^2 \beta_i \left( \frac{0.2\tau_{Ri}}{1 + (\omega_0\tau_{Ri})^2} + \frac{0.8\tau_{Ri}}{1 + 4(\omega_0\tau_{Ri})^2} \right) \right] \quad (34)$$

In Eq. (34),  $\beta_1 = \delta_1 Z_1$  and  $\beta_2 = \delta_1 (Z_2 + Z_3)$ . Please, note that the number 5 has been extracted from the bracket as a common factor.  $R_{1w}^{bulk}$  has not been detailed as in Eq. (20) due to its independence with  $\omega_0$ . On the other hand,  $P_{bulk} \approx 1$  without losing rigor [3, 5, 6, 18, 19].

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**Data availability** No datasets were generated or analysed during the current study.

## Declarations

**Conflict of interests** The authors declare no competing interests.

**Ethical approval** Not applicable.

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